





United States Department of Agriculture

Fall Fruit Salad

Yields 4-6 servings

Prep Time: 15 minutes

3 large apples, diced

2 large pears, diced

1 tablespoon lemon juice

2 tablespoons olive oil

2 tablespoons balsamic vinegar

1 tablespoon Dijon mustard

1 teaspoon honey

Salt and pepper to taste

Pumpkin seeds, roasted (optional)

Dried cranberries (optional)

1. Coat the apples and pears with lemon juice.
2. In a separate bowl, combine olive oil, balsamic vinegar, Dijon mustard, honey, salt and pepper. Pour dressing over the diced fruits and mix.
3. Sprinkle in roasted pumpkin seeds and dried cranberries.

Recipe adapted from ©TasteofHome

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