

# Food Prices & the Consumer 2024: How Shoppers and Consumer Preferences are Responding to the Post-COVID, Post-Inflation Marketplace



THE FOOD  
INDUSTRY  
ASSOCIATION

## FMI U.S. Grocery Shopper Trends and more

February 2024



# Andrew S. Harig

**Vice President – Tax, Trade,  
Sustainability & Policy Development**

**FMI – the Food Industry Association**

**[aharig@fmi.org](mailto:aharig@fmi.org)**



# FMI in the Marketplace



FMI propels the retail food industry by advocating for and supporting a safer, healthier, and more efficient consumer food supply.

**\$1 Trillion industry with nearly 6 million employees.**



*\*Independent operators:  
50 stores or less*

As the **food industry association**, FMI works with and on behalf of the entire industry to advance a **safer, healthier** and **more efficient** consumer food supply.

FMI brings together a wide range of members across the value chain — from **retailers** who sell to **consumers**, to **producers** who supply the food, as well as the wide-variety of companies providing critical services — to **amplify** the collective work of the industry.



# For Perspective: American Food Spending as a Share of Income

Overall, consumers spend slightly less of their income on groceries now (6.68% in 2021\*) than they did in 2001 (6.92%).



Source: Bureau of Labor Statistics, Consumer Expenditure Surveys

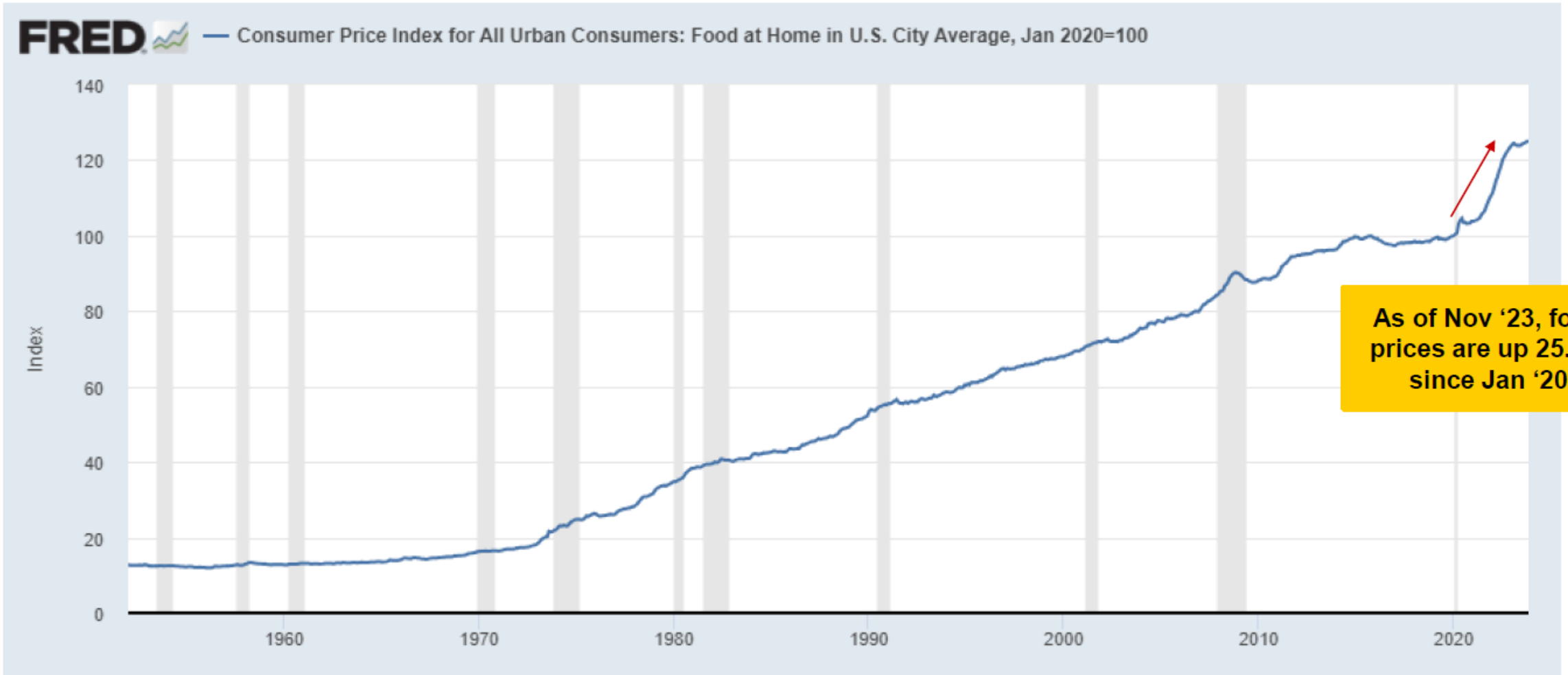
## Low-Income Shoppers: Percentage of Household Income Spent on Groceries



Source: Bureau of Labor Statistics, Consumer Expenditure Surveys



# Food at home prices are up ~25% since right before the pandemic



# Shifting Areas of Concern among Americans

## Food Prices Overtake COVID-19 and Supply Chain Concerns

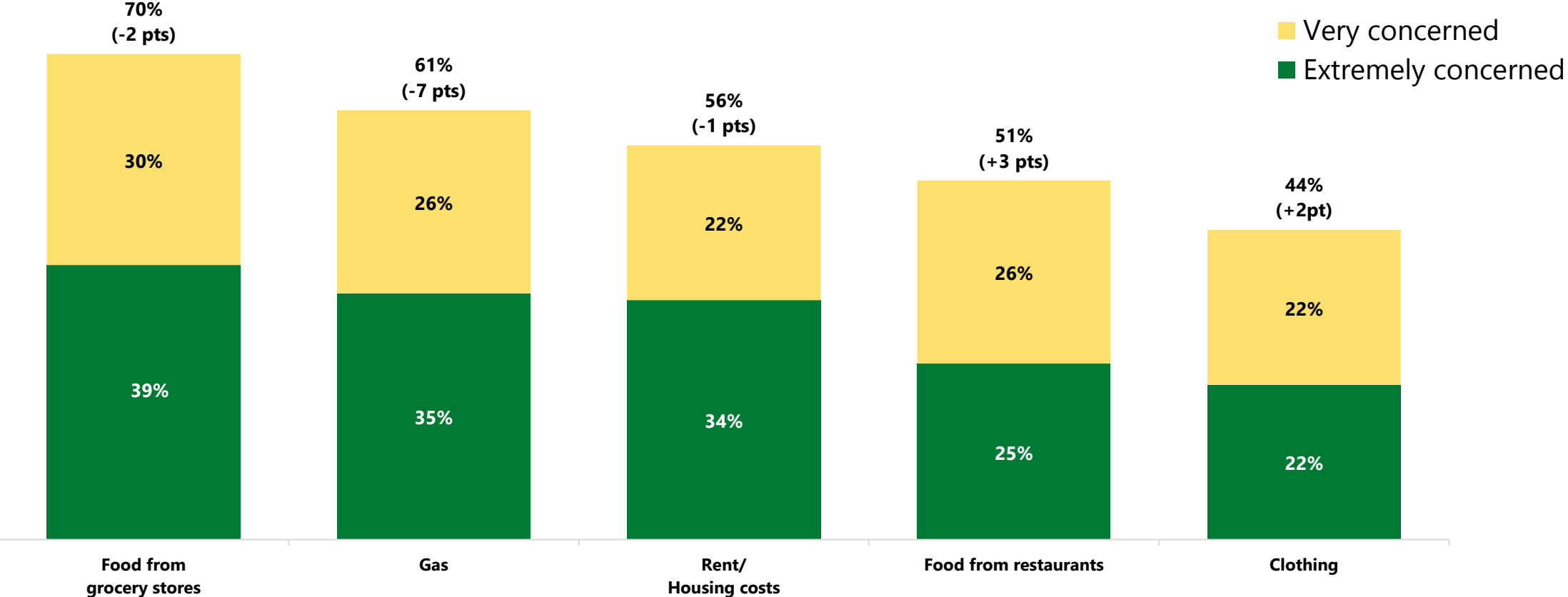
**70% of shoppers are still concerned** with rising prices at the grocery store – down from 75% in February 2023.

- 76% of GenX
- 71% of Millennials

**51% are concerned with rising prices at restaurants** – down from 55% in February 2023.



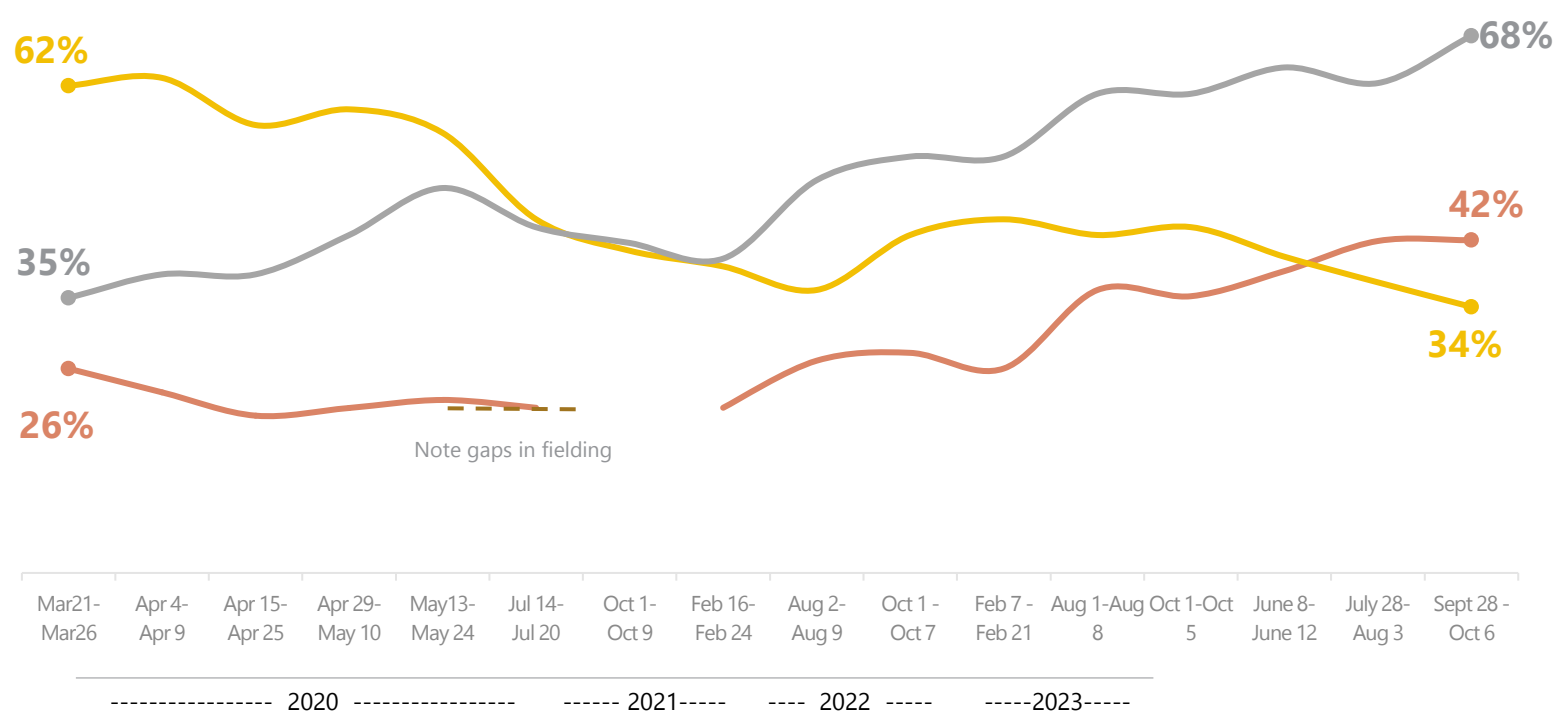
# Food Inflation is Felt the Strongest





# Supply Chain and Inflation

## CONCERNS WITH OBTAINING FOOD



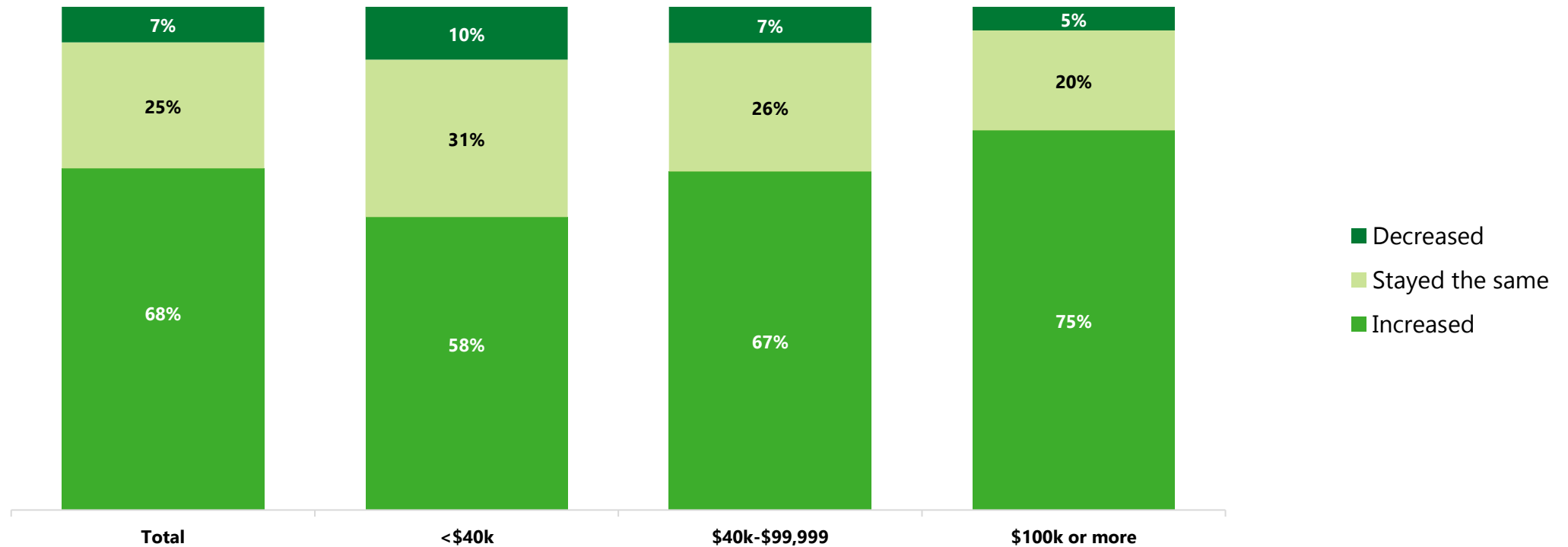
**Prices rising on the foods I prefer**

**Having enough money to pay for the food I need**

**Items I need being out of stock**

# Food Price Concerns Stack Up

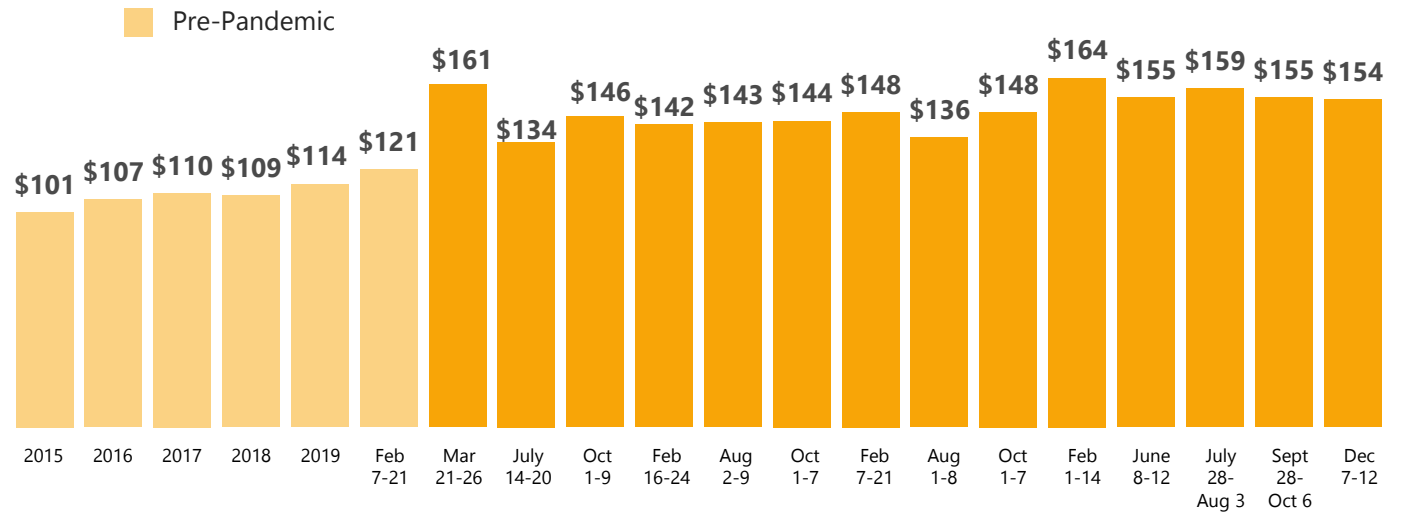
## High Food Price Concerns Cut Across Income Levels



# New Highs for Spending=New Habits



**AVERAGE WEEKLY GROCERY SPENDING PER HOUSEHOLD**  
Among all shoppers



Source: FMI U.S. Grocery Shopper Midwinter Trends 2023. n=1,519 Q. On average, about how much does your household spend each week on groceries? Consider only grocery type items. Q. About how much has your household spent on groceries in the PAST 7 DAYS? Source: FMI U.S. Grocery Shopper Trends and Trackers 2021-2022 n varies 1001-1617. On average, about how much do you (and your family) spend each week on groceries for your household? Source: FMI U.S. Grocery Shopper Trends 2015-2020. 2015 n=2265, 2016 n=2061, 2017 n=2145, 2018 n=2136, 2019 n=1786, 2020 n=2798.

# Shoppers Use Unit Pricing to Understand the Marketplace

*Do you regularly check the unit pricing, such as cost per ounce or cost per item, among the same or similar products in the store to compare products?*

**78%**

**2014**

**74%**

**2023**

*Do you regularly check the unit pricing, such as cost per ounce or cost per item, among different grocery stores to compare products?*

**52%**

**2014**

**60%**

**2023**

**Gen Z** and **Millennials** are the most likely to compare unit pricing both within their main store and across stores.

	<b>Gen Z</b>	<b>Millennial</b>	<b>Gen X</b>	<b>Boomer</b>
Compare within store	78%	79%	69%	72%
Compare across stores	70%	73%	56%	53%

*Based on FMI's U.S. Grocery Shopper Trends 2023 and 2014 reports conducted by FMI and The Hartman Group. These studies were fielded to a nationally representative sample.*

# How are Consumers Addressing Rising Food Prices?



**Deals**

**What**

**How/Where**

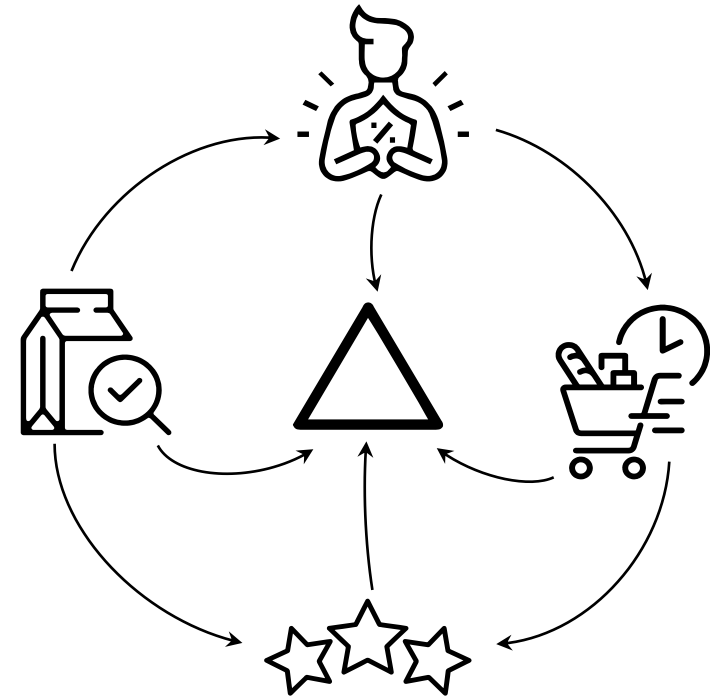
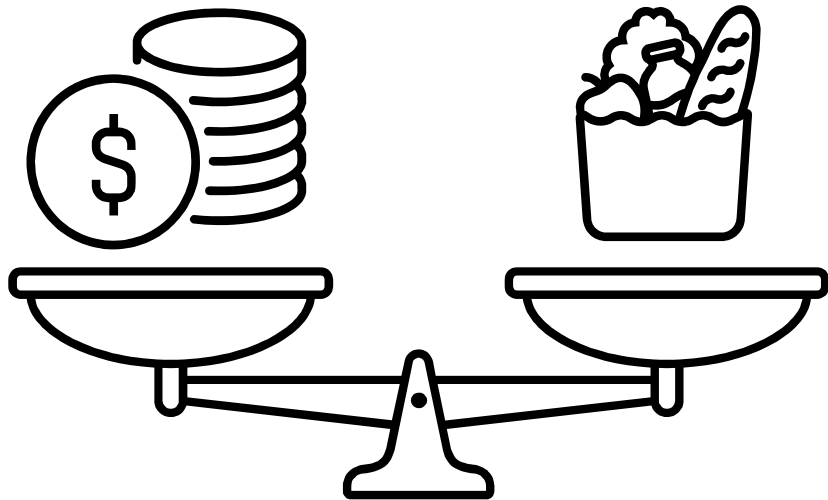
**Brands**

# The New Normal?: Rise of the Value Shopper



# Shoppers' Notions of Value

More nuanced, shifting from a simple price-quantity ratio to a more complex matrix of personal values, needs, and priorities.



# Values have Value – Not Just Price



## Emerging Dimensions of Contemporary Notions of Value



**Quality** has emerged as the North Star of contemporary notions of value. It reflects the primacy of personal food standards and eating aspirations, and it includes attributes around freshness, cues of minimal processing, health and nutrition, product sourcing, and ethical considerations such as sustainability and labor standards.



**Relevance** refers to shoppers' deliberations about needs versus wants and necessity versus indulgence. Questions about how well an item aligns with personal/household preferences, its utility, and its potential for waste have taken on greater weight as shoppers seek to meet the various preferences and needs of individual household members while minding their budgets.



**Experience** captures the importance of dimensions such as pleasure, enjoyment, novelty, variety, and discovery as well as aspects of shopping such as store cleanliness and the friendliness and knowledge of store employees.



**Convenience** continues to be a key element of value, embodying not only traditional criteria such as speed, ease, and accessibility (which shoppers sometimes trade for lower price), but also contemporary expectations around engagement, flexibility, experience, and relevance.

# Food for Thought

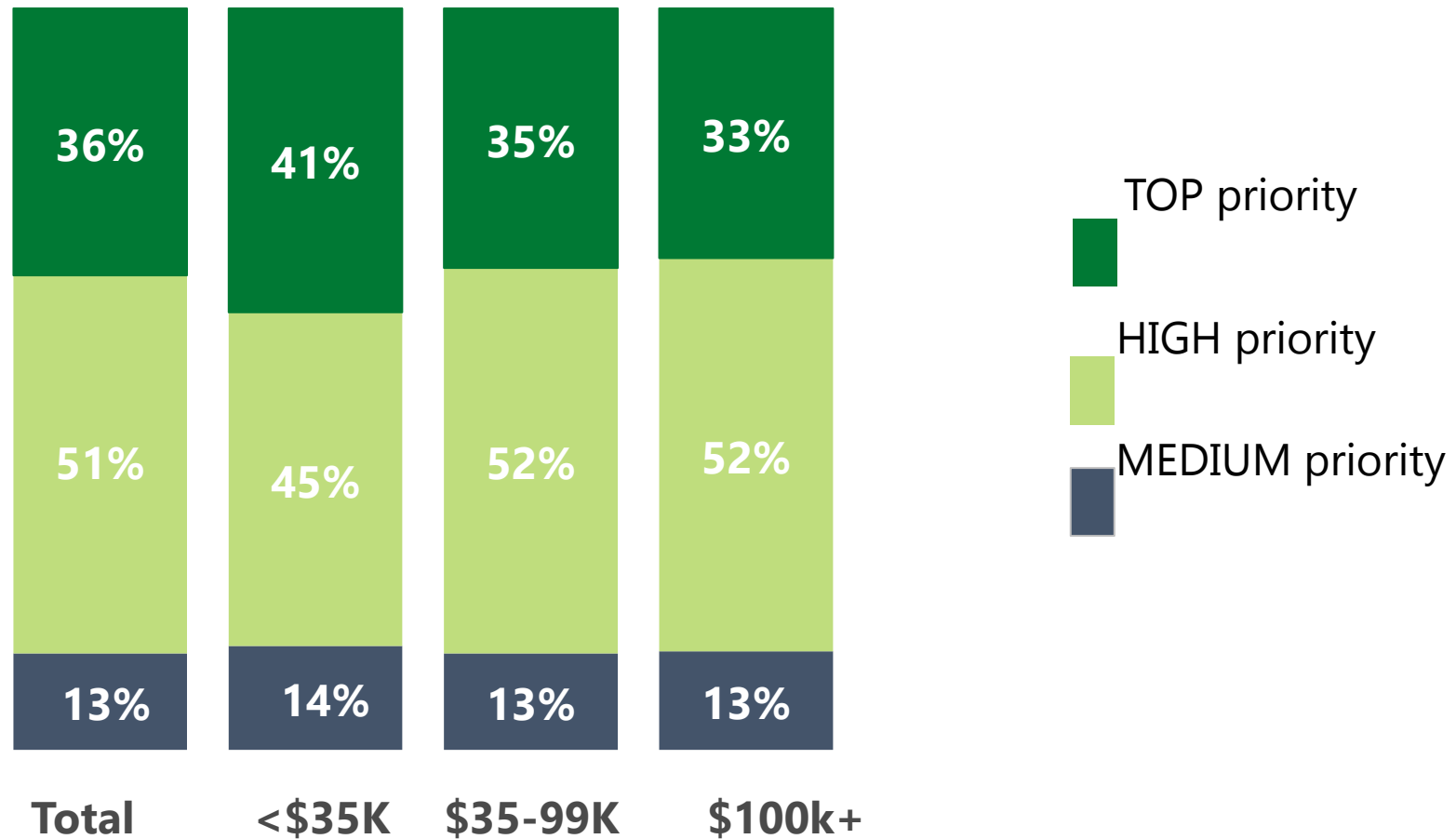
*There's a few things involved in getting good value. You have the idea of price and affordability, getting more for your money. You also look at good quality — if it is healthier, made with sustainable materials, is healthy and delicious. Getting really cheap products, yes, you haven't spent a lot, but you get what you pay for, and if you're getting a product for the cheaper amount, the quality might be compromised.*

*—Female, 42*



# Getting Good Value has Become More Important

**How Important is it for you to get GOOD VALUE?**  
*Among all U.S. shoppers*



# Evolving Consumer Behaviors: Technology

# Smartphones have become an integral part of the shopping experience

## PERCENT OF SHOPPERS WHO USE THEIR SMART PHONES IN THE FOLLOWING WAYS AT LEAST OCCASSIONALLY

*Among all shoppers who own a smartphone*

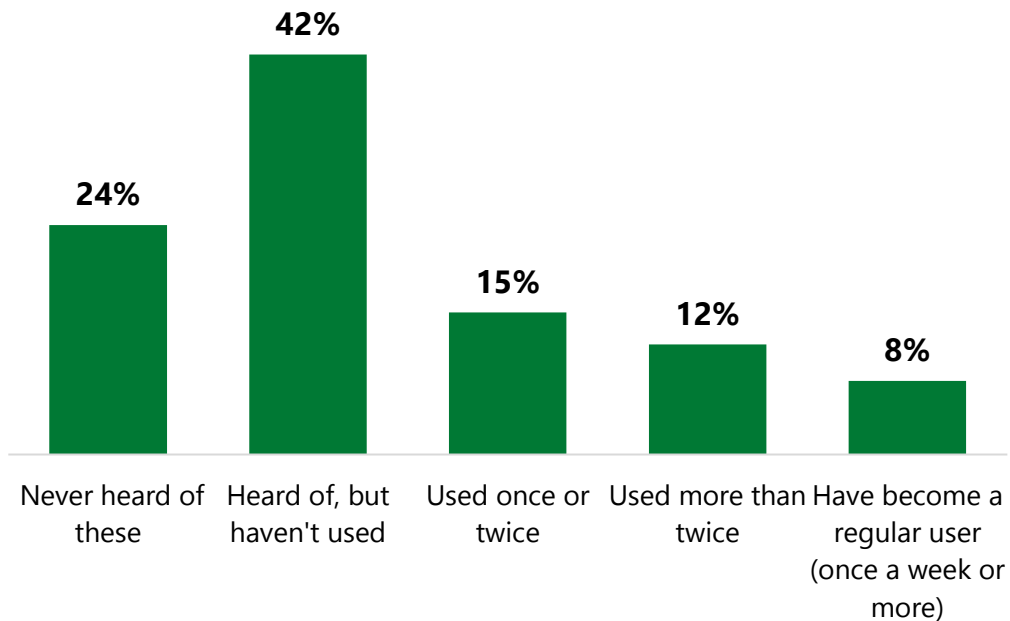




# Despite the proliferation of AI tools, two-thirds of people have never used them

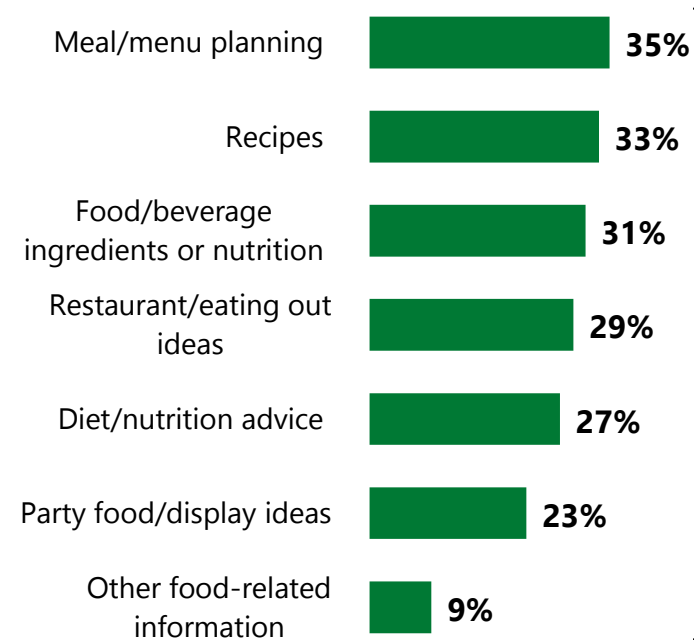
## FAMILIARITY WITH NEW AI-ENABLED INFORMATION AND MEDIA TOOLS (SUCH AS CHATGPT)

*Among all shoppers*



## WHAT TYPES OF INFORMATION HAVE SHOPPERS SOUGHT FROM AI-ENABLED TOOLS

*Among shoppers who have used AI-enabled tools*



**55% of those who used AI-Enabled tools sought 2 or more**

**34% sought 3 or more**

# Shoppers would use a digital shopping assistant to save money and streamline shopping and planning meals

## HOW SHOPPERS WOULD UTILIZE A PERSONALIZED DIGITAL SHOPPING ASSISTANT

*Among all shoppers*

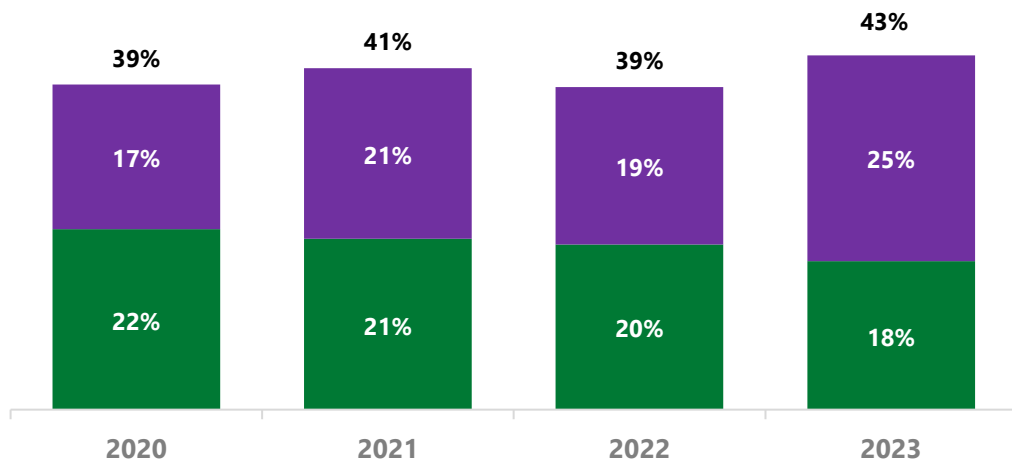


# Consumers in 2024: Cautious But Optimistic

# Younger Adults Enjoy Shopping the Most



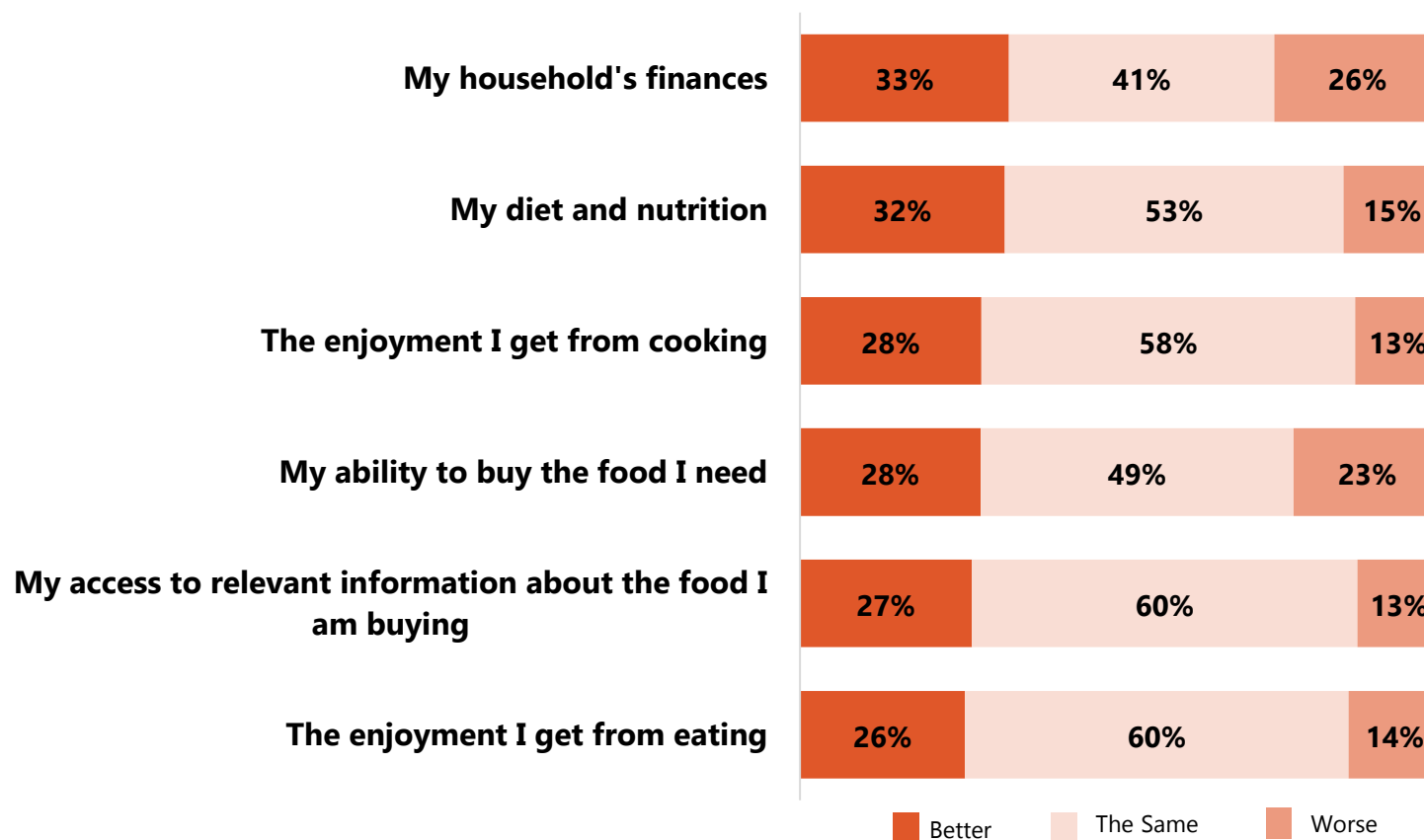
ENJOYMENT OF GROCERY SHOPPING  
*Among all shoppers*



	Men	Women	Gen Z	Millennials	Gen X	Boomer/Mature
<b>Total</b>	43%	43%	48%	62%	44%	29%
<b>Like it</b>	25%	25%	26%	28%	25%	23%
<b>Love it</b>	18%	18%	22%	34%	19%	6%

# Optimism about finances and diet in 2024

## HOW DO YOU EXPECT THESE THINGS TO BE ONE YEAR FROM NOW?







# THANK YOU



THE FOOD  
INDUSTRY  
ASSOCIATION

