To protect the health of animals, humans and the environment and reduce antibiotic resistance:

**CONSULT WITH PHYSICIANS AND VETERINARIANS**
- Prevent disease through vaccination
- Use antibiotics judiciously

**SUPPORT PUBLIC HEALTH INITIATIVES**
- Support antibiotic stewardship programs
- Participate in public health programs
- Promote new research

**WASH YOUR HANDS OFTEN**
- After contact with animals
- After using the bathroom
- During food preparation
- In hospitals
- In the community

**HANDLE FOOD SAFELY**
- Clean hands and surfaces often
- Separate meat, poultry, seafood and eggs from other foods
- Cook to the right temperature
- Refrigerate promptly

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