

# Chicken Veggie Stir Fry with Manzanita



**Chef: Crystal Wahpepah**

**Region: Western/Southwestern**

**Serves 2-4**

## **Ingredients**

Chicken Veggie Stir Fry with Mazanita

- **1 can mixed vegetable mix**
- **1 chicken breast, diced**
- 3 whole manzanita leaves, fresh, foraged

**Boldfaced items are available through the FDPIR Foods Available List or through USDA DoD Fresh Program.**

## **Instructions** -

1. Add can of veggie mix to saucepan
2. Add raw diced chicken breast or canned chicken breast and mananita leaves to pan with veggie mix
3. Simmer on low for 30 minutes until chicken breast is cooked through

Serve hot

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