



# Upcoming Gleaning Events

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August 4, 2017

## National Capital Region

### Capital Area Food Bank

(4900 Puerto Rico Avenue, NE, Washington, DC)

- **When:** Saturday, August 5, 2017
- **Where:** 4900 Puerto Rico Avenue, NE, Washington, DC 20017
- **Time:** 9 a.m.-noon. **Participants must arrive by 8:45 am**
- **Number of participants:** 30 max
- **Spots available:** **FULLY BOOKED**
- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy [mark.ananka@wdc.usda.gov](mailto:mark.ananka@wdc.usda.gov) and [Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to register.
- **Special instructions:** You will need to sign in and complete a waiver at the kiosk, if you are unable to do so in advance. This project typically involves packing and/or sorting donated food. All of these tasks are considered light/medium labor and typically involves standing up for up to three hours and lifting up to 35 pounds. Please dress comfortably and wear closed-toe shoes

### Miller Farms

(10140 Piscataway Rd., Clinton, MD)

- **When:** Saturday, August 5, 2017
- **Where:** Miller Farms – *Meeting point:* Miller Store Parking lot, 10140 Piscataway Rd., Clinton, MD
- **Time:** 8:00 am – 11:30 am – **Participants must arrive by 7:45 am**
- **Product:** Tomatoes
- **Spots Available:** **FULLY BOOKED**
- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy Mark Ananka [mark.ananka@wdc.usda.gov](mailto:mark.ananka@wdc.usda.gov) and [Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to register.
- **Special instructions:** Participants should arrive at 7:45 am. Everyone must sign in (name, email address and agency) at the meeting point before we caravan to the gleaning site at

8:00 am. Please wear closed-toe shoes, long pants, bring a hat, sunscreen, bottled water, insect repellent, gloves, and snacks if you need it.

## Northern Neck Food Bank

(5116 Richmond Rd, Warsaw, VA)

- **When:** Saturday, August 5, 2017
- **Where:** Parker Farms (1623 Leedstown Road Colonial Beach, VA 22443)
- **Time:** 9 a.m.-noon
- **Product:** Corn
- **How Can I Participate:** Please contact NNFB directly to set up a gleaning event. You can register on their website: <http://www.nnfb.org/agriculturalprogram/gleaning-sign-up/>. Please choose an available date on the calendar and enter it on the sign-up form. The ideal group size is 30 but more can be accommodated. For contact information please email [info@nnfb.org](mailto:info@nnfb.org) or call 804-577-0246
- **Special instructions:**
  - A waiver form must be completed and signed by each volunteer. The waiver forms will be collected at the meeting point.
  - Please bring a hat, water, insect repellent, snacks, sunscreen and gloves. Point of contact for NNFB on day of gleaning is Scott Flickinger (804) 456-2146. After a short briefing about the NNFB and the gleaning process, the group will move to the specific field that will be gleaned.
  - It is important that we have the POC for everyone participating so we can inform you in case of cancellation.
  - All gleaning is done from 9:00 a.m. – noon on the date you sign up

## Bread for the City- SE Food Pantry

(1640 Good Hope Road SE, Washington, DC 20020)

- **When:** Tuesday, August 8, 2017 (SE Food Bank)
- **Time:** 1:00 PM – 5:00 PM
- **What:** Bread for the City's two food pantries serve more than 8,400 individuals each month. Help us meet the need by preparing food bags, separating produce and meat, and offering hospitality and support to Bread for the City's clients as they "shop" with us!
- **Point of Contact:** Sonya D. Springfield, Volunteer & In-Kind Manager, 202-386-7006
- **Special Instructions:** Sign up for the SE food bank here: [http://breadforthecity.force.com/volunteers/GW\\_Volunteers\\_VolunteersJobListingFS?Calendar=1&volunteerShiftId=a0Z0B00000HfUwbUAF&jobId=a0YU000000BtN5WMAR&dtMonthFilter=2017-7-25%209:0:0](http://breadforthecity.force.com/volunteers/GW_Volunteers_VolunteersJobListingFS?Calendar=1&volunteerShiftId=a0Z0B00000HfUwbUAF&jobId=a0YU000000BtN5WMAR&dtMonthFilter=2017-7-25%209:0:0); Please check the website's volunteer calendar for other volunteer opportunities

## Maryland Food Bank

(2200 Halethorpe Farms Road Baltimore, MD 21227)

- **When:** Wednesday, August 9<sup>th</sup>

- **Where:** 2200 Halethorpe Farms Road Baltimore, MD 21227
- **Time:** 12pm – 3pm
- **What:** Kitchen (packing)
- **Slots Available:** 1 as of August 3<sup>rd</sup>.
- **Point of Contact:** 410.737.8282
- **How Can I Participate:** Please sign up on MFB's calendar on their website to register. You must register before showing up. You can register on their website: <https://mdfoodbank.volunteerhub.com/lp/baltimore/events>.
- **Special Instructions:**
  - Volunteers must be 18 years old, able to lift 25 pounds, and able to stand for three hours. For safety reasons, all volunteers must wear closed toes shoes.
  - The temperature in the facility fluctuates so bring a jacket or sweatshirt.
  - Please arrive 15 minutes early, the staff and other volunteers will be waiting for you, so please be courteous and considerate of their time. They cannot accommodate volunteers who arrive more than 30 minutes after start time.
  - **Website:** <https://www.mdfoodbank.org/volunteer/>

## **Bread for the City- Food Pantry**

(1640 Good Hope Road SE, Washington, DC 20020)

- **When:** Wednesday, August 9, 2017 (SE Food Bank)
- **Time:** 1:00 PM – 5:00 PM
- **What:** Bread for the City's two food pantries serve more than 8,400 individuals each month. Help us meet the need by preparing food bags, separating produce and meat, and offering hospitality and support to Bread for the City's clients as they "shop" with us!
- **Point of Contact:** Sonya D. Springfield, Volunteer & In-Kind Manager, 202-386-7006
- **Special Instructions:** Sign up for the SE food bank here: [http://breadforthecity.force.com/volunteers/GW\\_Volunteers\\_VolunteersJobListingFS?Calendar=1&volunteerShiftId=a0Z0B00000HfUwbUAF&jobId=a0YU000000Btn5WMAR&dtMonthFilter=2017-7-25%209:0:0](http://breadforthecity.force.com/volunteers/GW_Volunteers_VolunteersJobListingFS?Calendar=1&volunteerShiftId=a0Z0B00000HfUwbUAF&jobId=a0YU000000Btn5WMAR&dtMonthFilter=2017-7-25%209:0:0); Please check the website's volunteer calendar for other volunteer opportunities

## **Northern Neck Food Bank**

(5116 Richmond Rd, Warsaw, VA)

- **When:** Wednesday, August 9, 2017
- **Where:** Lancaster County – Location TBD
- **Time:** 9 a.m.-noon
- **Product:** Corn
- **How Can I Participate:** Please contact NNFB directly to set up a gleaning event. You can register on their website: <http://www.nnfb.org/agriculturalprogram/gleaning-sign-up/>. Please choose an available date on the calendar and enter it on the sign-up form. The ideal

group size is 30 but more can be accommodated. For contact information please email [info@nnfb.org](mailto:info@nnfb.org) or call 804-577-0246

- **Special instructions:**
  - A waiver form must be completed and signed by each volunteer. The waiver forms will be collected at the meeting point.
  - Please bring a hat, water, insect repellent, snacks, sunscreen and gloves. Point of contact for NNFB on day of gleaning is Scott Flickinger [\(804\) 456-2146](tel:8044562146). After a short briefing about the NNFB and the gleaning process, the group will move to the specific field that will be gleaned.
  - It is important that we have the POC for everyone participating so we can inform you in case of cancellation.
  - All gleaning is done from 9:00 a.m. – noon on the date you sign up

## D.C. Central Kitchen

- **When:** Thursday, August 10, 2017
- **Time:** 9:00 a.m.-12:00 noon
- **What:** Aldie, VA gleaning green beans, cucumbers, squash and cantaloupe.
- **How do I participate:** Volunteers must contact Megan Genova at [mgenova@dccentralkitchen.org](mailto:mgenova@dccentralkitchen.org) or 202-400-2804 for directions to the farm
- **POC:** Megan Genova at [mgenova@dccentralkitchen.org](mailto:mgenova@dccentralkitchen.org) or 202-400-2804
- **Spots Available:** 16 (as of July 28, 2017)
- **Special Instructions:** You must register in advance with DCCK. The exact location will be emailed by Megan. All volunteers must be able to provide their own transportation to the site. Volunteers should be prepared to travel up to 2 hours (calculated from downtown DC) Volunteers must arrive at the site by 9 a.m. pick until noon.

## Bread for the City- Food Pantry

(1640 Good Hope Road SE, Washington, DC 20020)

- **When:** Thursday, August 10, 2017 (SE Food Bank)
- **Time:** 1:00 PM – 5:00 PM
- **What:** Bread for the City's two food pantries serve more than 8,400 individuals each month. Help us meet the need by preparing food bags, separating produce and meat, and offering hospitality and support to Bread for the City's clients as they "shop" with us!
- **Point of Contact:** Sonya D. Springfield, Volunteer & In-Kind Manager, 202-386-7006
- **Special Instructions:** Sign up for the SE food bank here: [http://breadforthecity.force.com/volunteers/GW\\_Volunteers\\_VolunteersJobListingFS?Calendar=1&volunteerShiftId=a0Z0B00000HfUwbUAF&jobId=a0YU000000Btn5WMAR&dtMonthFilter=2017-7-25%209:0:0](http://breadforthecity.force.com/volunteers/GW_Volunteers_VolunteersJobListingFS?Calendar=1&volunteerShiftId=a0Z0B00000HfUwbUAF&jobId=a0YU000000Btn5WMAR&dtMonthFilter=2017-7-25%209:0:0); Please check the website's volunteer calendar for other volunteer opportunities

## Northern Neck Food Bank

(5116 Richmond Rd, Warsaw, VA)

- **When:** Thursday, August 10, 2017
- **Where:** Parker Farms
- **Time:** 9 a.m.-noon
- **Product:** Corn
- **How Can I Participate:** Please contact NNFB directly to set up a gleaning event. You can register on their website: <http://www.nnfb.org/agriculturalprogram/gleaning-sign-up/>. Please choose an available date on the calendar and enter it on the sign-up form. The ideal group size is 30 but more can be accommodated. For contact information please email [info@nnfb.org](mailto:info@nnfb.org) or call 804-577-0246
- **Special instructions:**
  - A waiver form must be completed and signed by each volunteer. The waiver forms will be collected at the meeting point.
  - Please bring a hat, water, insect repellent, snacks, sunscreen and gloves. Point of contact for NNFB on day of gleaning is Scott Flickinger (804) 456-2146. After a short briefing about the NNFB and the gleaning process, the group will move to the specific field that will be gleaned.
  - It is important that we have the POC for everyone participating so we can inform you in case of cancellation.
  - All gleaning is done from 9:00 a.m. – noon on the date you sign up

## Capital Area Food Bank

(4900 Puerto Rico Avenue, NE, Washington, DC)

- **When:** Friday, August 11, 2017
- **Where:** 4900 Puerto Rico Avenue, NE, Washington, DC 20017
- **Time:** 9 a.m.-noon. **Participants must arrive by 8:45 am**
- **Number of participants:** 30 max
- **Spots available:** FULLY BOOKED
- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy [Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to be added to the waitlist
- **Special instructions:** You will need to sign in and complete a waiver at the kiosk, if you are unable to do so in advance. This project typically involves packing and/or sorting donated food. All of these tasks are considered light/medium labor and typically involves standing up for up to three hours and lifting up to 35 pounds. Please dress comfortably and wear closed-toe shoes

## Miller Farms

(10140 Piscataway Rd., Clinton, MD)

- **When:** Friday, August 11, 2017
- **Where:** Miller Farms – *Meeting point:* Miller Store Parking lot, 10140 Piscataway Rd., Clinton, MD
- **Time:** 8:00 am – 11:30 am – **Participants must arrive by 7:45 am**
- **Product:** Tomatoes
- **Spots Available:** 17

- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy Mark Ananka [mark.ananka@wdc.usda.gov](mailto:mark.ananka@wdc.usda.gov) and [Cynthia Cuellar Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to register.
- **Special instructions:** Participants should arrive at 7:45 am. Everyone must sign in (name, email address and agency) at the meeting point before we caravan to the gleaning site at 8:00 am. Please wear closed-toe shoes, long pants, bring a hat, sunscreen, bottled water, insect repellent, gloves, and snacks if you need it.

## Northern Neck Food Bank

(5116 Richmond Rd, Warsaw, VA)

- **When:** Saturday, August 12, 2017
- **Where:** Parker Farms
- **Time:** 9 a.m.-noon
- **Product:** Corn
- **How Can I Participate:** Please contact NNFB directly to set up a gleaning event. You can register on their website: <http://www.nnfb.org/agriculturalprogram/gleaning-sign-up/>. Please choose an available date on the calendar and enter it on the sign-up form. The ideal group size is 30 but more can be accommodated. For contact information please email [info@nnfb.org](mailto:info@nnfb.org) or call 804-577-0246
- **Special instructions:**
  - A waiver form must be completed and signed by each volunteer. The waiver forms will be collected at the meeting point.
  - Please bring a hat, water, insect repellent, snacks, sunscreen and gloves. Point of contact for NNFB on day of gleaning is Scott Flickinger (804) 456-2146. After a short briefing about the NNFB and the gleaning process, the group will move to the specific field that will be gleaned.
  - It is important that we have the POC for everyone participating so we can inform you in case of cancellation.
  - All gleaning is done from 9:00 a.m. – noon on the date you sign up

## Miller Farms

(10140 Piscataway Rd., Clinton, MD)

- **When:** Saturday, August 12, 2017
- **Where:** Miller Farms – *Meeting point:* Miller Store Parking lot, 10140 Piscataway Rd., Clinton, MD
- **Time:** 8:00 am – 11:30 am – **Participants must arrive by 7:45 am**
- **Product:** Tomatoes
- **Spots Available:** 14
- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy Mark Ananka [mark.ananka@wdc.usda.gov](mailto:mark.ananka@wdc.usda.gov) and [Cynthia Cuellar Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to register.
- **Special instructions:** Participants should arrive at 7:45 am. Everyone must sign in (name, email address and agency) at the meeting point before we caravan to the gleaning site at

8:00 am. Please wear closed-toe shoes, long pants, bring a hat, sunscreen, bottled water, insect repellent, gloves, and snacks if you need it.

## Maryland Food Bank

(2200 Halethorpe Farms Road Baltimore, MD 21227)

- **When:** Monday, August 14<sup>th</sup>
- **Where:** 2200 Halethorpe Farms Road Baltimore, MD 21227
- **Time:** 1pm – 4pm
- **What:** Warehouse (packing)
- **Slots Available:** 11 as of August 3<sup>rd</sup>.
- **Point of Contact:** 410.737.8282
- **How Can I Participate:** Please sign up on MFB's calendar on their website to register. You must register before showing up. You can register on their website: <https://mdfoodbank.volunteerhub.com/lp/baltimore/events>.
- **Special Instructions:**
  - Volunteers must be 18 years old, able to lift 25 pounds, and able to stand for three hours. For safety reasons, all volunteers must wear closed toes shoes.
  - The temperature in the facility fluctuates so bring a jacket or sweatshirt.
  - Please arrive 15 minutes early, the staff and other volunteers will be waiting for you, so please be courteous and considerate of their time. They cannot accommodate volunteers who arrive more than 30 minutes after start time.
  - **Website:** <https://www.mdfoodbank.org/volunteer/>

## Bread for the City- Orchard Intensive

(12001 Old Baltimore Pike Beltsville, MD 20705)

- **When:** Monday, August 14, 2017
- **Time:** 8:00 AM - 12:00 PM
- **What:** Harvest and tend to growing fruits and vegetables at Bread for the City's orchard in Beltsville, MD.
- **Other Opportunities:** There are opportunities to provide vulnerable residents of Washington, DC with comprehensive services, including food, clothing medical care and legal and social services.
- **Point of Contact:** Sonya D. Springfield, Volunteer & In-Kind Manager, 202-386-7006
- **Special Instructions:** Two waivers are required from each participant: 1) [Bread for the City Liability Waiver](#), and 2) [UDC Liability Waiver](#); Training provided on site for up to 30 volunteers on Mondays during 2017. Transportation (advance RSVP required) is available for up to 10 volunteers per session.
- **Website:** <https://breadforthecity.org/volunteer/#volunteer-opportunities>

## D.C. Central Kitchen

- **When:** Thursday, August 17, 2017
- **Time:** 9:00 a.m.-12:00 noon
- **What:** Farm in Salisbury, MD gleaning tomatoes, eggplant, watermelons and peppers
- **How do I participate:** Volunteers must contact Megan Genova at [mgenova@dcentralkitchen.org](mailto:mgenova@dcentralkitchen.org) or 202-400-2804 for directions to the farm
- **POC:** Megan Genova at [mgenova@dcentralkitchen.org](mailto:mgenova@dcentralkitchen.org) or 202-400-2804
- **Spots Available:** Yes
- **Special Instructions:** You must register in advance with DCKK. The exact location will be emailed by Megan. All volunteers must be able to provide their own transportation to the site. Volunteers should be prepared to travel up to 2 hours (calculated from downtown DC) Volunteers must arrive at the site by 9 a.m. pick until noon.

## Miller Farms

(10140 Piscataway Rd., Clinton, MD)

- **When:** Friday, August 18, 2017
- **Where:** Miller Farms – *Meeting point:* Miller Store Parking lot, 10140 Piscataway Rd., Clinton, MD
- **Time:** 8:00 am – 11:30 am – **Participants must arrive by 7:45 am**
- **Product:** Tomatoes
- **Spots Available:** FULLY BOOKED
- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy Mark Ananka [mark.ananka@wdc.usda.gov](mailto:mark.ananka@wdc.usda.gov) and [Cynthia Cuellar Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to register.
- **Special instructions:** Participants should arrive at 7:45 am. Everyone must sign in (name, email address and agency) at the meeting point before we caravan to the gleaning site at 8:00 am. Please wear closed-toe shoes, long pants, bring a hat, sunscreen, bottled water, insect repellent, gloves, and snacks if you need it.

## Capital Area Food Bank

(4900 Puerto Rico Avenue, NE, Washington, DC)

- **When:** Saturday, August 19, 2017
- **Where:** 4900 Puerto Rico Avenue, NE, Washington, DC 20017
- **Time:** 9 a.m.-noon. **Participants must arrive by 8:45 am**
- **Number of participants:** 30 max
- **Spots available:** FULLY BOOKED
- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy [Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to be added to the waitlist.
- **Special instructions:** You will need to sign in and complete a waiver at the kiosk, if you are unable to do so in advance. This project typically involves packing and/or sorting donated food. All of these tasks are considered light/medium labor and typically involves standing up for up to three hours and lifting up to 35 pounds. Please dress comfortably and wear closed-toe shoes

## First Fruit Farms

(2025 Freeland Road, Freeland, MD 21053)



- **What: Coast Guard Gleaning “Gleaning Project”**
- **When:** Saturday, August 19, 2017
- **Time:** 8:00 am – 12:00 pm
- **Where:** First Fruit Farms, Freeland, Maryland (2025 Freeland Road), about 30 miles north of Baltimore.
- **Product:** N/A
- **Spots available:** Yes
- **How Can I Participate:** Please contact Vy Nguyen at [Vy.K.Nguyen@uscg.mil](mailto:Vy.K.Nguyen@uscg.mil)
- **Special Instructions:** This is a US Coast Guard Gleaning event at **First Fruit Farms** 2025 Freeland Road, Freeland, MD. The POC is Vy Nguyen at [Vy.K.Nguyen@uscg.mil](mailto:Vy.K.Nguyen@uscg.mil).

## Miller Farms

(10140 Piscataway Rd., Clinton, MD)

- **When:** Saturday, August 19, 2017
- **Where:** Miller Farms – *Meeting point:* Miller Store Parking lot, 10140 Piscataway Rd., Clinton, MD
- **Time:** 8:00 am – 11:30 am – **Participants must arrive by 7:45 am**
- **Product:** Tomatoes
- **Spots Available:** **Yes**
- **How Can I Participate:** Please contact [fedsfeedfamilies@usda.gov](mailto:fedsfeedfamilies@usda.gov) and copy Mark Ananka [mark.ananka@wdc.usda.gov](mailto:mark.ananka@wdc.usda.gov) and [Cynthia Cuellar Cynthia.Cuellar@wdc.usda.gov](mailto:Cynthia.Cuellar@wdc.usda.gov) to register.
- **Special instructions:** Participants should arrive at 7:45 am. Everyone must sign in (name, email address and agency) at the meeting point before we caravan to the gleaning site at 8:00 am. Please wear closed-toe shoes, long pants, bring a hat, sunscreen, bottled water, insect repellent, gloves, and snacks if you need it.

## UDC Firebird Farm

(12001 Old Baltimore Pike, Beltsville, MD)

- **When:** Weekday Mornings (some Saturdays, requires 2 week advance scheduling)
- **Time:** 9:00 a.m.-12:00 noon
- **What:** Volunteers go to the University of District of Columbia’s experimental farm and harvest. Harvested food will go to a local CSA, nutrition and cooking classes at UDC, Food Rescue US recipients, and students that are food insecure.
- **How do I participate:** **Organizers must contact the POC, Amanda Tai, to schedule.**
- **POC:** Amanda Tai, [amanda.tai@udc.edu](mailto:amanda.tai@udc.edu), 202-274-7193
- **Special Instructions:** **You must register in advance with Amanda.** The farm has all the tools on site (including scales for weighing), volunteers need to bring water (they have some but recommended you bring their own) and dress appropriately for farm-work and the weather.
- **How Many Openings:** 5-20 people can volunteer per shift. No more than 20 people can be accommodated.
- **Important Notes:** Availability throughout the week.

## Outside the National Capital Region

### Alabama

- **Community Food Bank of Central Alabama**
  - **When:** Opportunities every day from August 6-11 in the warehouse. Must sign up on their website.
  - **Where:** 107 Walter Davis Drive, Birmingham, AL 35209
  - **Time:** 2 hour shifts on each day, 9:00am to 11:30am or 1:00pm to 3:00pm
  - **Product:** TBD in Warehouse
  - **Max Number of Participants:** 6
  - **Spots Available:** 6
  - **How can I participate:** Call 205-942-8911 or email [Volunteer@FeedingAL.org](mailto:Volunteer@FeedingAL.org)
  - **Special Instructions:** Please use the calendar to schedule an event or call for further information. Small groups of volunteers are needed to help sort donated food. The hours for this are flexible and can be any time during our operation hours, however our suggested shifts are between Monday-Thursday 9am-11:30am or 1:00-3:00pm and Friday 9am-11:30am. Large groups must be scheduled by contacting us. We are able to accommodate children over the age of 8 at Mobile Pantry distributions and over the age of 7 in the warehouse. Kids must be accompanied by an adult, and we require that volunteer groups bring 1 adult for every 6 kids. Close-toed shoes are always required when in the warehouse. Website: <http://donate.feedingal.org/charities/1654/volunteer>.
  
- **Food Bank of North Alabama**
  - **When:** August 8<sup>th</sup> AM and PM session.
  - **Where:** 2000-B Vernon Avenue, Huntsville, AL 35805
  - **Time:** Groups can volunteer on Tuesdays from 9:30am to 11:30am (AM session) or 1:00pm to 3:30pm (PM session). Or on Fridays at 9:00am to 11:30am. Individuals are able to volunteer on their own on Thursdays, 9:30am to 11:30am or 1:00pm to 3:30pm.
  - **Product:** Opportunities to sort and pack our food donations into ready-to-go boxes. Location can provide estimated amount of pounds packed for FFF recording.
  - **Max Number of Participants:** 6
  - **Spots Available:** 6
  - **How can I participate:** Call 256-382-0296 to schedule a volunteer appointment.
  - **Special Instructions:** Call ASAP to schedule a volunteer appointment. The dates listed are open as of July 11, 2017. <https://www.foodbanknorthal.org/get-involved/volunteer/>
  
- **Montgomery Area Food Bank**
  - **When:** Dates are available for August volunteering, but you have to call Teresa Vigneault Millwood to coordinate.

- **Where:** 521 Trade Center Street Montgomery, AL 36108
  - **Time:** Monday through Thursday from 8:00am to 11:30am, or 1:00pm to 2:30pm, and on Fridays from 8:00am to 11:30am.
  - **Product:** TBD in warehouse.
  - **Max Number of Participants:** Volunteer opportunities on a day to day basis, for both individuals and small to medium size groups on weekdays from 8-11:30 am and/or 1-2:30 pm.
  - **Spots Available:** TBD
  - **How can I participate:** To volunteer, please fill out our Volunteer Application, and e-mail it to Teressa Vigneault Millwood ([teressamillwood@montgomeryareafoodbank.org](mailto:teressamillwood@montgomeryareafoodbank.org)) or call her at 334-263-3784.
  - **Special Instructions:** If you wish to volunteer, please let us have a minimum of 48-hours' notice so that we may coordinate your volunteer visit with our warehouse. Dress modestly, No shorts or halter-tops. Volunteers must wear close-toed shoes to protect themselves while in the warehouse. Children under the age of 18 must be accompanied by a parent or guardian at all times. We require at least 1 adult for every 6 volunteers under age 18. The minimum age for volunteers is 13 years old. Website: <http://www.montgomeryareafoodbank.org/HowtoHelp.html>
- **Feeding the Gulf Coast**
    - **When:** Monday through Friday 8:30 a.m. – 11:30 a.m. and 12:30 – 3:30 p.m
    - **Where:** 5248 Mobile South Street, Theodore, AL 36582
    - **Time:** Monday through Friday 8:30 a.m. – 11:30 a.m. and 12:30 – 3:30 p.m. and Bi-weekly on Saturday mornings, 9 a.m. – 12:00 p.m.
    - **Product:** Gleaning TBD
    - **Max Number of Participants:** TBD
    - **Spots Available:** TBD
    - **How can I participate:** Call Missy Busby at (251) 653-1617 ext. 127 or Tayler Morgan ext. 125 for information on dates and times.
    - **Special Instructions:** Please use the online calendar or call to schedule an event. Gleaning and foodbank sorting opportunities available <https://feedingthegulfcoast.org/volunteer/>. All ages are welcome; supervision is required for youth under 14.

## Alaska

- **Food Bank of Alaska**
  - **When:** 8 volunteers needed 5pm-7pm, Thursday, July 27 (as of July 20)
  - **Where:** 2121 Spar Avenue, Anchorage, AK 99501
  - **What:** Food Reclamation Team: Sort and clean produce
  - **Point of Contact:** Sarah Radonich, 907.222.3116, [sradonich@foodbankofalaska.org](mailto:sradonich@foodbankofalaska.org)
  - **Special Instructions:** Please use the calendar to schedule an event or call for further information. Information about upcoming volunteer opportunities can be found at this

link:

[https://www.cervistech.com/acts/console.php?console\\_id=0202&console\\_type=event&ht=1](https://www.cervistech.com/acts/console.php?console_id=0202&console_type=event&ht=1)

- **Website:** <http://www.foodbankofalaska.org/>

## Arizona

### • **United Food Bank**

- **What:** Food Donation Sorting. Work with a team of volunteers screening food for quality, sorting into multiple categories and packaging for distribution to our agencies.
- **Where:** 245 South Nina Drive, Mesa, AZ 85210
- **When:** Monday, Tuesday, Wednesday 8:00 a.m. – Noon – additional as needed
- **Point of Contact:** 480.926.4897
- **Special Instructions:** Please use the calendar to schedule an event or call for further information
- **Website:** <https://www.unitedfoodbank.org/getting-involved/volunteer/>
  
- **What: Distribution Prep.** Work with a team of volunteers to prepare Backpack Program buddy bags, Mobile Pantry produce boxes, and Help Yourself Food Co-op food packages.
- **When:** Thursday 7:30 a.m. – 2:30 p.m.
- **Point of Contact:** 480.926.4897
- **Special Instructions:** Please use the calendar to schedule an event or call for further information
- **Website:** <https://www.unitedfoodbank.org/getting-involved/volunteer/>

### • **St Mary's Food Bank Alliance**

- **What:** Opportunities include packing emergency food boxes and sorting food drive items
- **Where:** 2831 N. 31st Avenue, Phoenix, AZ 85009
- **When:** Monday through Saturday 9am to Noon.
- **Point of Contact:** 602.242.3663
- **Special Instructions:** Please use the calendar to schedule an event or call for further information. Opportunities in food bank sorting are available.
- **Website:** [http://volunteer.firstfoodbank.org/HOC\\_Volunteer\\_Opportunity\\_Calendar\\_Page](http://volunteer.firstfoodbank.org/HOC_Volunteer_Opportunity_Calendar_Page)

### • **Community Food Bank of Southern Arizona**

- **When:** Tuesday-Friday, 9am-4:30pm and Saturday, 9am-1:30pm. The food bank is closed the first working day of the month, for inventory.

- **Where:** 3003 S. Country Club Rd., Tucson, AZ 85726
  - **Point of Contact:** 520.622.0525
  - **Special Instructions:** Those who wish to volunteer should fill out an application (go to <http://www.communityfoodbank.org/> and click “Get Involved” to access the application). This food bank has multiple locations. Volunteer activities listed on the website include the following:
    - Packing and Sorting
    - Distributing Food
    - Gleaning (Here is an excerpt from the website: Volunteers help harvest citrus fruit from January to March, and pick pumpkins in November. All produce gleaned is redistributed to community members in need).
    - Food delivery once per month each at 27 mobile and fixed pantries throughout Graham, Cochise, and Greenlee counties. The food bank especially needs volunteers who can stand for long periods of time and lift heavy boxes. (Wilcox and Southeastern Arizona)
    - Helping in the community kitchen: The food bank also has a community kitchen called Caridad Community Kitchen that serves 15,000 ready-to-eat meals per month. Those who wish to help in the kitchen should contact the volunteer coordinator.
  - **Website:** <http://www.communityfoodbank.org/Get-Involved/Volunteer/Volunteer-Opportunities>
- **Yuma Community Food Bank**
    - **When:** Monday through Saturday 9am to Noon.
    - **What:** Volunteer opportunities include the following: sorting, boxing, and repackaging donated food for those in need.
    - **Where:** 2404 E. 24th St., STE A, Yuma, AZ 85365
    - **Point of Contact:** 928.259.2207
    - **Special Instructions:** Those who wish to volunteer should fill out an application (go to <http://www.yumafoodbank.org/get-involved.html> and click “Download Application” to access the application). Volunteers also complete a volunteer orientation and civil rights training. Per the website: 1 Hour of Time = \$21.97 Donated Value
    - **Website:** <http://www.yumafoodbank.org/get-involved.html>

## Arkansas

- **Northwest Arkansas Food Bank**
  - **When:**
    - August 7<sup>th</sup> from 8am to 12:00pm (17 volunteers needed);
    - August 8<sup>th</sup> from 8am to 12:00pm (20 volunteers needed) and 1:00pm to 3:00pm (19 volunteers needed); and
    - August 11<sup>th</sup> from 8am to 12:00pm (16 volunteers needed).
  - **Where:** 1378 June Self Drive Bethel Heights, AR 72764

- **Time:** Morning Sessions and Afternoon Sessions
  - **Product:** TBD
  - **Max Number of Participants:** Depends on date, call to check or check reservations online.
  - **Spots Available:** from 16-19 volunteers needed depending on day. Check their calendar online.
  - **How can I participate:** Call (479.872.8774) or Email Trina Wilson ([TRINA.WILSON@NWAFOODBANK.ORG](mailto:TRINA.WILSON@NWAFOODBANK.ORG)) to see if space is still available. If so, you can register for time slots through their website. <http://www.nwafoodbank.org/volunteer>
  - **Special Instructions:** Individual volunteers under the age of 18 are required to submit a Youth Permission form before volunteering. Individual volunteers ages 8-12 must be accompanied by parent or guardian - NO exceptions. Youth groups must provide one adult chaperone (adult = 18+) for every 5 (youth 8-12 years old) or one adult chaperone (adult = 18+) for every 10 (youth 12-18 years old).
- **River Valley Regional Food Bank**
    - **When:** Various dates in August, but must call Tracy Engel to schedule.
    - **Where:** 1617 South Zero Street PO Box 180070 Ft. Smith, AR 72918
    - **Time:** TBD
    - **Product:** TBD
    - **Max Number of Participants:** TBD
    - **Spots Available:** TBD
    - **How can I participate:** Call Tracy Engel at 479-785-0582.
    - **Special Instructions:** You can also check the website: <https://www.rvrfoodbank.org/volunteer/>
- **Food Bank of Northeast Arkansas**
    - **When:** Various dates in August, must call to schedule.
    - **Where:** 3414 One Place P.O. Box 2097 Jonesboro, AR 72402
    - **Time:** TBD
    - **Product:** TBD
    - **Max Number of Participants:** TBD
    - **Spots Available:** TBD
    - **How can I participate:** Email our Program Coordinator, Erin King at [eking@foodbankofnea.org](mailto:eking@foodbankofnea.org) or by phone at (870) 932-3663.
    - **Special Instructions:** Sign up for their weekly volunteer updates on their website: <http://foodbankofnea.org/volunteer/>. Volunteer Packing days.
- **Arkansas Food Bank**
    - **When:**
      - August 7th AM shift from 9am to 12pm (30 volunteers needed);

- August 7th PM shift from 1-4pm (40 volunteers needed);
  - August 8th AM shift from 9am to 12pm (40 volunteers needed);
  - August 8<sup>th</sup> PM shift from 1-4pm (30 volunteers needed);
  - August 9<sup>th</sup> AM shift from 9am to 12pm (35 volunteers needed);
  - August 9<sup>th</sup> PM shift from 1-4pm (25 volunteers needed);
  - August 10<sup>th</sup> AM shift from 9am to 12pm (35 volunteers needed);
  - August 10<sup>th</sup> PM shift from 1-4pm (35 volunteers needed);
  - August 11<sup>th</sup> AM shift from 9am to 12pm (40 volunteers needed);
  - August 11<sup>th</sup> PM shift from 1-4pm (40 volunteers needed).
  - **Where:** 4301 W 65th St Little Rock, AR 72209
  - **Time:** Opportunities throughout the week 9am – 12 PM and 1pm – 4 pm.
  - **Product:** TBD
  - **Max Number of Participants:** 25 per shift
  - **Spots Available:** TBD
  - **How can I participate:** Call Amber Bryant 501.565.8121
  - **Special Instructions:** Volunteers must be at least 10 years old to volunteer in our warehouse on weekdays. Dress Code: Please dress appropriately for volunteering in the warehouse. You will be boxing, sorting, and moving items so we highly recommend wearing closed-toe shoes. Find out more information on their website: <http://arkansasfoodbank.org/how-can-i-help-2/volunteer/>
- **Harvest Regional Food Bank**
    - **When:** Various dates in August, must call to schedule.
    - **Where:** 3120 East 19th Street P.O. Box 707 Texarkana, AR 71854
    - **Time:** TBD
    - **Product:** TBD
    - **Max Number of Participants:** TBD
    - **Spots Available:** TBD
    - **How can I participate:** Call 870.774.1398 or Email [development@hrfb.org](mailto:development@hrfb.org)
    - **Special Instructions:** Visit their website at: <http://harvestregionalfoodbank.org/help-fight-hunger/>

## California

- **Food Bank of Contra Costa and Solano**
  - **When:** Shifts are available weekdays, Tuesday-Thursday evenings, and Saturdays during the day.
  - **Where:** 4010 Nelson Ave., Concord, CA 94520
  - **What:** Bag fresh produce at the Fairfield warehouse.
  - **Point of Contact:** 925.676.7543

- **Special Instructions:** Please reach out via phone or web calendar for further information. There is also a need for bilingual volunteers.
  - **Website:**  
[http://volunteer.foodbankccs.org/HOC\\_Volunteer\\_Opportunity\\_Calendar\\_Page](http://volunteer.foodbankccs.org/HOC_Volunteer_Opportunity_Calendar_Page)
- **Food Bank of Contra Costa and Solano**
    - **When:** Shifts are available weekday afternoons, Monday-Thursday evenings and both Saturdays and Sundays during the day.
    - **Where:** 4010 Nelson Ave., Concord, CA 94520
    - **What:** Sort and box non-perishable food donations or fresh produce at the Concord warehouse.
    - **Point of Contact:** 925.676.7543
    - **Special Instructions:** Please reach out via phone or web calendar for further information. There is also a need for bilingual volunteers.
    - **Website:**  
[http://volunteer.foodbankccs.org/HOC\\_Volunteer\\_Opportunity\\_Calendar\\_Page](http://volunteer.foodbankccs.org/HOC_Volunteer_Opportunity_Calendar_Page)
- **Food Bank of Contra Costa and Solano**
    - **When:** Check the website
    - **Where:** 4010 Nelson Ave., Concord, CA 94520
    - **What:** Check in recipients or bag and distribute groceries at a Food Bank distribution site.
    - **Point of Contact:** 925.676.7543
    - **Special Instructions:** Please reach out via phone or web calendar for further information. There is also a need for bilingual volunteers.
    - **Website:**  
[http://volunteer.foodbankccs.org/HOC\\_Volunteer\\_Opportunity\\_Calendar\\_Page](http://volunteer.foodbankccs.org/HOC_Volunteer_Opportunity_Calendar_Page)
- **Community Food Bank**
    - **When:** Monday - Friday, 8am to 2pm (Flexible Scheduling)
    - **Where:** 3403 E. Central Ave., Fresno, CA 93725
    - **What:** Distribution Center Volunteering. Assisting with a variety of projects including sorting food donations and repackaging bulk foods, sorting produce, and bagging/boxing food.
    - **Point of Contact:** Jobelle Duka, 559.237.3663 X106
    - **Special Instructions:** Volunteers should fill out a form (go to <http://www.communityfoodbank.net/get-involved/volunteer> and click "click here to fill out the Volunteer Form"). Age Requirement: 5-15 years old with an adult. 16 years and older without an adult.
    - **Website:** <http://www.communityfoodbank.net/get-involved/volunteer>
- **Community Food Bank**
    - **When:** Saturdays
    - **Where:** 3403 E. Central Ave., Fresno, CA 93725



- **What:** Saturday Sorts. Work may include sorting, bagging, and labeling food donations for the local community.
- **Point of Contact:** Jobelle Duka, 559.237.3663 X106
- **Special Instructions:** Volunteers should fill out a form (go to <http://www.communityfoodbank.net/get-involved/volunteer> and click “click here to fill out the Volunteer Form”). Age Requirement: 5-15 years old with an adult. 16 years and older without an adult.
- **Website:** <http://www.communityfoodbank.net/get-involved/volunteer>
  
- **Find Food Bank**
  - **When:** Monday, July 24, 8:30am-10:30am (13 slots available as of July 21)
  - **Where:** (83-775 Citrus Ave P.O. Box 10080., Indio, CA 92202)
  - **What:** Sort and pack food products that range from fresh produce to non-perishables
  - **Point of Contact:** 760.775.3663
  - **Special Instructions:** Please reach out via phone or website for further information. Volunteers must sign up at the website and create an account. Volunteer groups of 6 or more must contact the volunteer coordinator—his information is below:
    - Zack Musselman, Volunteer Coordinator**
    - P: 760.775.3663 Ext. 112
    - E: [zmusselman@findfoodbank.org](mailto:zmusselman@findfoodbank.org)
  - **Website:** <https://findfoodbank.volunteerhub.com/events/index>
  
- **Second Harvest Food Bank of Orange County**
  - **When:** Tuesday – Saturday
  - **Where:** 8014 Marine Way, Irvine, CA 92618
  - **Time:** 8:30 – 11:30 am and 12:30 – 3:30 pm No PM shift on Fridays (walk-ins are not accepted)
  - **What:** Warehouse activities, gleaning at Incredible Edible Farm, and grocery rescue.
  - **Point of Contact:** 949.653.2900 or [Volunteer@FeedOC.org](mailto:Volunteer@FeedOC.org)
  - **Special Instructions:** Please reach out via phone or website for further information. Also, those who are 18 and over can create an account to access the volunteer hub: <https://feedoc.volunteerhub.com/account/signin?returnUrl=%2FEvents%2FIndex>

Please note that this food bank has a child-friendly section called Izzy’s Corner, for kids ages 7-13. An excerpt from the website is below:

At Izzy’s Corner kids ages 7 to13-years old help sort and package nutritious produce in a safe, kid-friendly environment located inside our food distribution center (FDC). Each Izzy’s Corner session starts with a brief tour of the FDC, allowing children and their adult chaperones to learn more about Second Harvest, our mission, and the people we serve.

  - **Website:** <https://www.feedoc.org/get-involved/volunteer/activities/>
  
- **Los Angeles Regional Food Bank**

- **When:** Monday-Saturday
  - **Where:** 1734 E. 41st Street, Los Angeles, CA 90058
  - **Time:** Check website for complete details
  - **What:** Sorting, gleaning, and repackaging food
  - **Point of Contact:** 323.234.3030, extension 144; or [amartinez@lafoodbank.org](mailto:amartinez@lafoodbank.org)
  - **Special Instructions:** Please reach out via phone or website for further information. The minimum age for volunteering is 14. Per the website, the food bank can host volunteer groups of 100 or fewer.
  - **Website:** <https://www.lafoodbank.org/volunteer/>
- **Second Harvest of San Joaquin and Stanislaus Counties**
    - **When:** Monday 9:00 am - 12:00 pm; Tuesday 12:30 pm- 3:00 pm; Thursday 12:30 pm- 3:00 pm
    - **Where:** 704 E. Industrial Park Drive, Manteca, CA 95337
    - **Time:** Check website for further availability
    - **What:** Warehouse activities
    - **Point of Contact:** 209.239.2091
    - **Special Instructions:** Please reach out via phone or website for further information. From the website: All volunteers are asked to complete a liability release prior to participating in programs at the Food Bank. Minors must have the release signed by a parent or legal guardian. To download a copy of the release [click here](#).

There are openings at the Manteca, Tracy, and Lathrop sites. They are scheduled twice monthly and last no more than 2 hours, you are responsible for handing food out at our mobile produce distributions. For more information and to sign up please contact Kirsten or Stephanie at [mobilefresh@secondharvest.org](mailto:mobilefresh@secondharvest.org) or 209-239-2091.

    - **Website:** <http://www.localfoodbank.org/>
- **Alameda County Community Food Bank**
    - **When:** Food sorting activities throughout the week
    - **Where:** 7900 Edgewater Drive, P.O. Box 2599 Oakland, CA 94621
    - **Time:** SHIFTS (for individuals):
      - Mon. – Fri., 8:00 – 11:00 a.m. and 12:00 – 3:00 p.m. (The food bank’s need for volunteers is highest on weekdays.)
      - Weekend Shifts are 9 a.m. - noon and 1 - 4 p.m. Check website for further availability
    - **See this link for needs on weekends:** <https://www.eventbrite.com/e/accfb-weekend-volunteer-shifts-registration-27688147996>
    - **What:** Warehouse activities
    - **Point of Contact:** 510.635.3663, ext. 737 (Tessa Boyce [TBoyce@accfb.org](mailto:TBoyce@accfb.org)) or [fooddrive@accfb.org](mailto:fooddrive@accfb.org)
    - **Special Instructions:** **It is the peak of produce season, and volunteers are needed to pack fresh fruits and vegetables.** Individual weekday volunteers must attend a 1-hour orientation prior to volunteering. Orientations are held at the Food Bank on

Wednesdays at 12:45 pm. No registration is required for the orientation. Weekend volunteers are NOT required to attend a separate orientation session. Please reach out via phone or website for further information. All volunteers must be 10 years of age or older.

- **Website:** <http://www.accfb.org/volunteering/>

- **Food Share**

- **When:** Monday through Friday
- **Where:** (4156 Southbank Road, Oxnard, CA 93036)
- **Time:** 8am – 4pm; shifts vary depending on opportunity
- **What:** Warehouse and outdoor gleaning activities available
- **Point of Contact:** 805.983.7100
- **Special Instructions:** Please reach out via phone or website for further information. Go to <http://www.foodshare.com/volunteer/> and click on Pantry Volunteer Assistant to see additional volunteer opportunities with Food Share's partners.
- **Website:** <http://www.foodshare.com/volunteer/>

- **Feeding America Riverside / San Bernardino Counties**

- **When:** Monday through Friday
- **Where:** 2950 - B Jefferson Street, Riverside, CA 92504
- **Time:** 8am – 3:30pm
- **What:** Inspecting, sorting, boxing, and labeling product donations. Possibly lifting up to 35 lbs. Stacking and counting product. Working at special events.
- **Point of Contact:** 951.359.4757
- **Special Instructions:** Please reach out via phone or website for further information
- **Website:** <https://feedingamericaie.org/volunteer/>

- **Placer Food Bank**

- **When:** Monday through Friday
- **What:** 8284 Industrial Ave., Roseville, CA 95678
- **Time:** 6am – 2pm
- **What:** Sorting, packaging and distributing food. Coordinating food drives.
- **Point of Contact:** 916.783.0481
- **Special Instructions:** Please reach out via phone or website for further information
- **Website:** <http://placerfoodbank.org/volunteer/>

- **Food Bank of Monterey County**

- **When:** Throughout the week
- **Where:** 815 W. Market Street, Suite 5 Salinas, CA 93901
- **Time:** Contact via phone or website for more information
- **What:** Warehouse Distribution, Saturday Food Sorts, The Emergency Food Assistance Program Distribution, The Family Market Distribution
- **Point of Contact:** Sandra Nunez at 831.758.1523 | [snunez@food4hungry.org](mailto:snunez@food4hungry.org)  
Stephanie Robles at 831.758.1523 | [srobles@food4hungry.org](mailto:srobles@food4hungry.org).

- **Special Instructions:** Please reach out via phone or website for further information
- **Website:** <http://www.foodbankformontereycounty.org/volunteer/>
  
- **Feeding San Diego**
  - **When:** Throughout the week
  - **Where:** 9455 Waples Street, Suite 135, San Diego, CA 92121
  - **Time:** Contact via phone or website for more information
  - **What:** Warehouse activities available
  - **Point of Contact:** 858.452.3663
  - **Special Instructions:** Please reach out via phone or website for further information
  - **Website:** <https://feedingsandiego.org/>
  
- **SF-Marin Food Banks**
  - **When:** Throughout the week
  - **Where:** Location #1: 900 Pennsylvania Avenue, San Francisco, CA 94107; Location #2: 75 Digital Drive, Novato, CA 94949
  - **Time:** Shifts are at the following times at the San Francisco location:
    - Sunday, 9am-11am and 12:30pm-3:30pm
    - Monday, 9am-12pm, 12:30pm-3:30pm, and 2:00pm-4:00pm
    - Tuesday-Thursday, 9am-12pm, 12:30pm-3:30pm, and 6:00pm-8:00pm
    - Contact via phone or website for more information
  - **Time:** Shifts are at the following times at the Marin location:
    - Monday-Thursday, 9am-12pm
    - Saturday, 9am-11am and 12pm-2pm
  - **What:** Projects typically involve sorting fresh produce, packaging bulk foods, assembling grocery boxes for seniors, and sorting donations from food drives.
  - **Point of Contact:** 415.282.1900, X244 (The phone number is the same for the San Francisco and Novato locations.); [volunteer@sfmfoodbank.org](mailto:volunteer@sfmfoodbank.org).
  - **Special Instructions:** Please reach out via phone or website for further information. Please note an upcoming special call for volunteers: In late-August and early-September (around Labor Day), there is a huge increase in fresh produce in the food banks' warehouses; it's also when they typically see the lowest volunteer numbers.
  - **Website:** <https://www.sfmfoodbank.org/volunteer-2/>
  
- **Second Harvest Food Bank of Santa Clara and San Mateo Counties**
  - **When:** Throughout the week
  - **Where:** 750 Curtner Avenue, San José, CA 95125
  - **Time:** Contact via phone or website for more information
  - **What:** Opportunities include food sorting and distributing food in the community.
  - **Point of Contact:** 408.266.8866
  - **Special Instructions:** Please reach out via phone or website for further information
  - **Website:** <http://www.shfb.org/volunteer>
  
- **Food Bank of Santa Barbara County**

- **When:** Throughout the week
  - **Where:** 4554 Hollister Avenue, Santa Barbara, CA 93110
  - **Time:** Contact via phone or website for more information
  - **What:** Opportunities include the following: agency shopping, grocery rescue co-pilot, and bread rescue driver, food sorting, Saturday Family Day, gleaner, Saturday Market Rescue
  - **Point of Contact:** 805.967.5741
  - **Special Instructions:** Please reach out via phone or website for further information
  - **Website:** <http://foodbanksbc.org/give-help/volunteer/>
- **Redwood Empire Food Bank**
    - **When:** Throughout the week
    - **Where:** 3990 Brickway Blvd., Santa Rosa, CA 95403
    - **Time:** Shifts are at the times below at the food bank's warehouse:
      - Monday – Friday, between 9:00am-3:00 pm.
      - Monday – Thursday, between 5:00 pm-7:00 pm.
      - 2nd & 4th Saturday of each month from 9:00 am-Noon.
    - **What:** Warehouse volunteer activities include gleaning and packaging fresh produce for individuals and families throughout our community, assembling grocery boxes for seniors in need, and sorting donated staple pantry items for distribution throughout Sonoma County.
    - **Point of Contact:** 707.523.7900
    - **Special Instructions:** Please reach out via phone or website for further information
    - **Website:** <http://refb.org/volunteer/volunteer-opportunities/>
- **Second Harvest Food Bank Santa Cruz**
    - **When:** Throughout the week
    - **Where:** 800 Ohlone Parkway, Watsonville, CA 95076
    - **Time:** Contact via phone or website for more information
    - **What:** Warehouse and Gleaning activities available
    - **Point of Contact:** Bly Morales, Director of Volunteer & Community Engagement  
831-722-7110 x 205 | [bly@thefoodbank.org](mailto:bly@thefoodbank.org)
    - **Special Instructions:** Please reach out via phone or website for further information
    - **Website:** <http://www.thefoodbank.org/volunteer/>

## Colorado

- **Community Food Share**
  - **When:** Weekday and weekend shifts available — Please for an up-to-date schedule
  - **Where:** 650 South Taylor Avenue, Louisville, CO 80027
  - **Time:** Volunteer shifts for individuals and families are offered at the following times:
    - Weekdays between 7:00 AM and 4:30 PM, with evening shifts available on Tuesdays until 6:30 PM.

- Weekend opportunities are available on the third Saturday of the month from 9:00 AM until noon.
  - **What:** Opportunities include gleaning, gardening and warehouse activities.
  - **Point of Contact:** (303) 652-3663
  - **Special Instructions:**
    - Please remember to wear closed toe shoes and a shirt with sleeves (no tank tops) to volunteer.
    - New volunteers must attend a 30-minute orientation to take a tour of the warehouse, learn about the volunteer tasks available, and review safety guidelines. Orientation is offered every Monday at 10:00 AM and 4:00 PM (excluding national holidays). If you need to schedule an orientation outside these times, please call our office at (303) 652-3663 and speak with a member of our volunteer department.
    - Per the website, small food donations accepted in main office (can be carried in one or two trips from your vehicle, [click here for more details](#)): Mon-Fri: 8:00 AM-4:30 PM.
    - Children ages 5-14 must have an adult chaperone with them; we require at least 1 adult for every 3 children.
  - **Website:** <https://communityfoodshare.org/volunteer/individuals-families/>
- **Care and Share Food Bank**
  - **When:** Monday through Saturday: 9:00 a.m.-11:30 a.m. and 1:00 p.m.-3:30 p.m.  
**Sunday:** Closed to volunteers  
**Friday Afternoons:** Closed to volunteers
  - **Where:** 2605 Preamble Point, Colorado Springs, CO 80915
  - **Point of Contact:** For more information about volunteer opportunities, please contact Eric Pizana, Volunteer Services and Community Outreach Director at [eric@careandshare.org](mailto:eric@careandshare.org) or by calling 719.434.4677.
  - **Special Instructions:** Orientations are Tuesdays at 10:00 a.m. or Thursdays at 4:30 p.m. at the food bank in Colorado Springs and at 2:00 p.m. on the second Friday of each month in Pueblo. Orientations last about 45 minutes. No need to sign up, just show up ready to learn about all the ways you can help us feed people in Southern Colorado
  - **Website:** <https://careandshare.org/get-involved/volunteer/>
- **Food Bank of the Rockies**
  - **When:** Monday-Friday, 8:45am-12pm and 12:15pm-3:30pm. Saturday opportunities are also available.
  - **Where:** 10700 E. 45th Ave., Denver, CO 80239
  - **What:** Opportunities include the following:
    - Distribution: Pull and build orders from warehouse inventory for our member agencies. Requires the ability to repetitively lift 10-30 lb cases. This is the area where help is needed the most (per the website)
    - Reclamation: Inspect, clean, sort and box items received through food drives and grocery rescue before they are distributed to clients. This area requires an attention to detail and is a low-impact/physical area.

- Community Kitchen: Help prepare meals for the Kid’s Cafe program. Work may include prepping food, cooking, cleaning, and other duties. Must be 18 for this area.
    - Produce Sorting: Sort through bulk produce so that quality nutritious fruits and vegetables can be brought to the partner agencies. A variety of positions are available in this area and is great for groups.
  - **Point of Contact:** 303.371.9250
  - **Special Instructions:**
    - Go here to register as a volunteer:  
<https://foodbankrockies.volunteermatrix.com/>
    - Please note that the food bank is closed on July 31.
    - Assistance is primarily needed Monday – Friday, 8:45 am – 12:00 pm and 12:15 pm – 3:30 pm.
  - **Website:** <http://www.foodbankrockies.org/>
- **Food Bank for Larimer County**
  - **When:** Monday thru Friday 9am to 6pm.
  - **Where:** 1301 Blue Spruce., Ft. Collins, CO 80524
  - **Point of Contact:** 970.493.4477
  - **What:** Warehouse activities
  - **Special Instructions:** Please reach out via phone or website for further information
  - **Website:** <http://foodbanklarimer.org/volunteer/>
- **Weld Food Bank**
  - **When:** Monday thru Friday 9am to 6pm.
  - **Where:** 1108 H Street., Greeley, CO 80631
  - **Point of Contact:** 970.356.2199
  - **What:** Warehouse activities
  - **Special Instructions:** All individuals looking to regularly volunteer must attend an orientation. These are held at 1108 H Street in Greeley twice a month. While at this meeting you will learn more about the food bank and different ways to get involved. You will also schedule your first volunteer day during orientation

**Website:** <https://weldfoodbank.org/give-time/>

## Connecticut

- **Foodshare**
  - **When:**
    - August 7<sup>th</sup> AM shift from 8:30am to 11:30am (10 volunteers needed);
    - August 7<sup>th</sup> PM shift from 12:30pm to 3pm (10 volunteers needed);
    - August 8<sup>th</sup> AM shift from 8:30am to 11:30am (7 volunteers needed);
    - August 8<sup>th</sup> PM shift from 12:30pm to 3pm (10 volunteers needed);
    - August 9<sup>th</sup> AM shift from 8:30am to 11:30am (6 volunteers needed);
    - August 9<sup>th</sup> PM shift from 12:30pm to 3pm (9 volunteers needed);

- August 10<sup>th</sup> AM shift from 8:30am to 11:30am (9 volunteers needed);
  - August 10<sup>th</sup> PM shift from 12:30pm to 3pm (10 volunteers needed);
  - August 11<sup>th</sup> AM shift from 8:30am to 11:30am (10 volunteers needed);
  - August 11<sup>th</sup> PM shift from 12:30pm to 3pm (10 volunteers needed).
- **Where:** 450 Woodland Avenue Bloomfield, CT 06002
- **Time:** Opportunities throughout the week (AM shift) 8:30am – 11:30am and (PM shift) 12:30 pm – 3 pm.
- **Product:** Food sorting, volunteer will inspect frozen meats, bread, produce, and other food items. Other activities include Mobile Foodshare, see website for these dates.
- **Max Number of Participants:** See by dates for availability.
- **Spots Available:** See by dates for availability.
- **How can I participate:** Register online via their website: [http://site.foodshare.org/site/PageServer?pagename=action\\_volunteer](http://site.foodshare.org/site/PageServer?pagename=action_volunteer). You can call Edna Bailey to ask questions at 860-286-9999 or Email [ebailey@foodshare.org](mailto:ebailey@foodshare.org).
- **Special Instructions:** Volunteers will inspect and sort donated food and other items. Volunteers should be able to work on their feet and lift boxes weighing 30 lbs. Volunteer must be 12 years of age or older. All Volunteers between the ages of 12 and 18 must have a liability waiver signed by a parent or guardian prior to beginning their work assignment and must speak to the Volunteer Coordinator first, wither by telephone or in person.

- **Connecticut Food Bank**

- **When:**
  - August 7<sup>th</sup> AM shift from 9am to 12pm (12 volunteers needed);
  - August 7<sup>th</sup> PM shift from 1pm to 3pm (16 volunteers needed);
  - August 8<sup>th</sup> AM shift from 9am to 12pm (15 volunteers needed);
  - August 8<sup>th</sup> PM shift from 1pm to 3pm (16 volunteers needed);
  - August 10<sup>th</sup> AM shift from 9am to 12pm (15 volunteers needed);
  - August 10<sup>th</sup> PM shift from 1pm to 3pm (15 volunteers needed);
  - August 11<sup>th</sup> AM shift from 9am to 12pm (13 volunteers needed);
  - August 11<sup>th</sup> PM shift from 1pm to 3pm (4 volunteers needed).
- **Where:** 2 Research Parkway Wallingford, CT 06492
- **Time:** Opportunities throughout the week (AM shift) 9am – 12pm and (PM shift) 1pm – 3 pm.
- **Product:** Food sorting, volunteer will inspect frozen meats, bread, produce, and other food items. Other activities include Summer Supper Mobile Pantry, see website for these dates.
- **Max Number of Participants:** See by dates for availability.
- **Spots Available:** See by dates for availability.
- **How can I participate:** Sign up on their website: <http://www.ctfoodbank.org/ways-to-give/volunteer/> Or call 203-469-5000 or email [volunteer@ctfoodbank.org](mailto:volunteer@ctfoodbank.org)
- **Special Instructions:** Depending on the need each day volunteers may be sorting fruits, vegetables, frozen meat, health and beauty products or re-packing items into smaller



quantities. Volunteers must be able to stand for shift duration and be able to lift and carry 35-40 pounds. Please bring a jacket each visit in case you are asked to work on projects in the cool room. Fully enclosed footwear, slacks, jeans or sweats, T-shirt, Polo, or blouse. Youth 18 yrs. and under must print out and bring a signed parental waiver to your first visit after your initial online registration. A Parental waiver is needed even if a parent is present.

## Delaware

- **Food Bank of Delaware**

- **When:**
  - August 7<sup>th</sup> PM session (3 volunteers needed);
  - August 8<sup>th</sup> AM session (6 volunteers needed);
  - August 8<sup>th</sup> PM shift (7 volunteers needed);
  - August 11<sup>th</sup> PM shift (8 volunteers needed).
- **Where:** 14 Garfield Way Newark, DE 19713 or 1040 Mattlind Way, Milford, DE 19963
- **Time:** Opportunities throughout the week (AM shift) 9am – 12pm and (PM shift) 1pm – 4 pm.
- **Product:** Daily Volunteer tasks will vary depending on the current needs of the Food Bank of Delaware. Some examples of Volunteer Tasks include: Stocking Shelves, Sorting Donations, Inspecting and Bagging Fresh Produce, and Producing Backpack's for one of our Children's Nutrition Programs.
- **Max Number of Participants:** See by dates for availability.
- **Spots Available:** See by dates for availability.
- **How can I participate:** Sign up to volunteer via their website: <http://www.fbd.org/get-involved/volunteer/> for additional questions contact the volunteer scheduler at [volunteer@fbd.org](mailto:volunteer@fbd.org) or call 302-292-1305.
- **Special Instructions:** Volunteers must be registered in order to volunteer because they do not accept walk-in volunteers. Sign up on their website. Volunteers must be at least 7 years old to volunteer. Volunteers who are between the ages of 7 and 15 can be added to the parent's registration by a Food Bank of Delaware Volunteer Coordinator. If a volunteer is uncomfortable standing or lifting items please let us know! We would never make you do something you are unable to do.

## Florida

- **Treasure Coast Food Bank**

- **When:**
  - August 7<sup>th</sup> AM shift and PM shift;
  - August 8<sup>th</sup> AM and PM shift;
  - August 9<sup>th</sup> AM and PM shift;
  - August 10<sup>th</sup> AM and PM shift; and
  - August 11<sup>th</sup> AM shift and PM shift.
- **Where:** 401 Angle Road, Fort Pierce, FL 34947

- **Time:** Opportunities throughout the week (AM shift) 9am – 12pm and (PM shift) 1pm – 4 pm.
  - **Product:** In Warehouse, Food Sorting and Packing and Mobile Food Pantry
  - **Max Number of Participants:** 100
  - **Spots Available:** 80 or see specific dates online
  - **How can I participate:** Sign up to volunteer via their website: <https://stophunger.org/volunteer/> for more information call 904-341-6588 or email Gary Porter at [gporter@tfoodbank.org](mailto:gporter@tfoodbank.org)
  - **Special Instructions:** Must wear closed toe shoes.
- **Harry Chapin Food Bank of Southwest Florida**
    - **When:** Various dates in August, must call to schedule.
    - **Where:** 3760 Fowler St. Ft. Myers, FL 33901 or 2221 Corporation Boulevard, Naples, FL
    - **Time:** Opportunities throughout the week at Fort Myers location (AM shift)
      - 9am – 11:30am and (PM shift) 1pm – 4 pm.
      - Opportunities throughout the week at Naples location (AM shift) 8:30am – 11am and (PM shift) 12pm – 2:30 pm.
    - **Product:** TBD in Warehouse
    - **Max Number of Participants:** TBD
    - **Spots Available:** TBD
    - **How can I participate:** Sign up to volunteer via their website: <http://www.harrychapinfoodbank.org/donate/volunteer> for more information call Tanya Phillips at 239-334-7007 ext. 141 or email [tphillips@harrychapinfoodbank.org](mailto:tphillips@harrychapinfoodbank.org)
    - **Special Instructions:** All volunteering must be scheduled in advance. Please sign up on their website.
- **Feeding Northeast Florida**
    - **When:** August 9<sup>th</sup> AM and PM shift; August 10<sup>th</sup> AM shift; August 11<sup>th</sup> AM shift.
    - **Where:** 1116 Edgewood Avenue North, Units D and E Jacksonville, FL 32254
    - **Time:** AM shift from 8:15am to 11:30am; PM Shift from 12:15pm to 3:30pm
    - **Product:** TBD in Warehouse
    - **Max Number of Participants:** TBD
    - **Spots Available:** TBD
    - **How can I participate:** Sign up to volunteer via their website: <http://www.feedingnefl.org/volunteer/> for more information contact Kaci Honeycutt [khoneycutt@feedingnefl.org](mailto:khoneycutt@feedingnefl.org) or call 904-513-1333.
    - **Special Instructions:** We accept volunteers age 12 and older as long as there is appropriate adult supervision, as well. Volunteers under 18 will need to fill out the Volunteer Waiver.
- **Second Harvest Food Bank of Central Florida**
    - **When:**

- August 15<sup>th</sup> PM shift (1 volunteers needed);
- August 17<sup>th</sup> AM Shift (35 volunteers needed);
- August 17<sup>th</sup> PM Shift (35 volunteers needed);
- August 18<sup>th</sup> PM Shift (22 volunteers needed);
- August 22<sup>nd</sup> AM Shift (36 volunteers needed);
- August 23<sup>rd</sup> PM Shift (15 volunteers needed);
- August 24<sup>th</sup> AM Shift (35 volunteers needed);
- August 24<sup>th</sup> PM Shift (23 volunteers needed);
- August 25<sup>th</sup> AM Shift (60 volunteers needed);
- August 25<sup>th</sup> PM Shift (40 volunteers needed);
- August 29<sup>th</sup> AM Shift (50 volunteers needed);
- August 29<sup>th</sup> PM Shift (60 volunteers needed);
- August 30<sup>th</sup> AM Shift (60 volunteers needed);
- August 30<sup>th</sup> PM Shift (30 volunteers needed);
- August 31<sup>st</sup> AM Shift (60 volunteers needed);
- August 31<sup>st</sup> PM Shift (20 volunteers needed).

Call ASAP or reserve spots online.

- **Where:** 411 Mercy Drive Orlando, FL 32805
- **Time:** Opportunities throughout the week (AM shift) 8am – 11:30am and (PM shift) 1pm – 4 pm.
- **Product:** TBD in Warehouse
- **Max Number of Participants:** 7
- **Spots Available:** 7
- **How can I participate:** Sign up to volunteer via their website: [http://www.feedhopenow.org/site/PageServer?pagename=ways\\_involved\\_volunteer](http://www.feedhopenow.org/site/PageServer?pagename=ways_involved_volunteer) for more information on volunteering at the Volusia Branch please call 1-386-257-4499. To volunteer at our Brevard Branch, please call at 321-733-1600. Or contact Mindy Ortiz at [mortiz@feedhopenow.org](mailto:mortiz@feedhopenow.org)
- **Special Instructions:** Volunteers have to be at least 10 years old with a chaperone who is 18 years or older in order to help out in our facility, 16 years old without a chaperone. Closed toe shoes are REQUIRED to help out in our facility. Please wear appropriate length shorts that are not too revealing. Also, no see through shirts please.

## • Feeding South Florida

- **When:**
  - Pembroke Park locations: 80 volunteers needed for
    - August 8<sup>th</sup>,
    - August 9<sup>th</sup>,
    - August 10<sup>th</sup>,
    - August 11<sup>th</sup>
  - Boynton Beach locations: 20 volunteers needed for
    - August 9<sup>th</sup> AM

- **Where:** 2501 SW 32 Terrace Pembroke Park, FL 33023 or Boynton Beach, FL (check specific event for location)
- **Time:** Various times on Tuesday through Saturday (AM shift) 8:30am to 11:00am and (PM shift) 1:30pm to 4:30pm
- **Product:** TBD in Warehouse
- **Max Number of Participants:** See by dates for availability.
- **Spots Available:** See by dates for availability.
- **How can I participate:** Sign up to volunteer via their website: <https://feedingsouthflorida.org/ways-to-help/volunteer/> for more information email [volunteers@feedingsouthflorida.org](mailto:volunteers@feedingsouthflorida.org) or call 561-331-5441.
- **Special Instructions:** You must register to volunteer online, they do not accept walk-in volunteers. Anyone over the age of 12 can volunteer. Closed toe shoes must be worn at all times (Please dress appropriately for warehouse work – t-shirts/polos, pants/jeans, sneakers/boots)

- **All Faiths Food Bank**

- **When:** August 7<sup>th</sup> PM Session (8 volunteers needed)
- **Where:** 8171 Blaikie Ct. Sarasota, FL 34240
- **Time:** Various times throughout the week. AM shift 8:30am to 11:30am and PM shift 1:00pm to 4:00pm
- **Product:** TBD in warehouse, food sorting and packing.
- **Max Number of Participants:**
- **Spots Available:** 5-20 depending on day
- **How can I participate:** Sign up to volunteer via their website: <https://www.allfaithsfoodbank.org/volunteer/> for more information email [hcline@allfaithsfoodbank.org](mailto:hcline@allfaithsfoodbank.org) or call 941-549-8156.
- **Special Instructions:** Volunteers are responsible for: Checking for expired labels; checking the integrity of food products; sorting food products; Boxing items; placing boxed food into the warehouse for distribution. Requirement: Stand for three hours, be able to lift 20-40lbs, Closed toed shoes only, Follow dress code according to AFFB hand book (no tank tops, offensive clothing, etc.).

- **America's Second Harvest of the Big Bend**

- **When:** Various dates in August, must sign up online to schedule a date.
- **Where:** 4446 Entrepot Blvd Tallahassee, FL 32310
- **Time:** Various times throughout the week. AM shift 9am to 12pm and PM shift 1:00pm to 4:00pm
- **Product:** TBD in Warehouse, food sorting and packing.
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** Sign up to volunteer via their website: <http://www.fightinghunger.org/How-to-Help/Volunteer> for additional information contact 850-562-3033 or email [tbarnes@fightinghunger.org](mailto:tbarnes@fightinghunger.org)

- **Special Instructions:** Volunteers must complete a New Volunteer Orientation. Sign up for the orientation on their website. Volunteer orientation is every Wednesday at 5:30PM unless otherwise indicated. The orientation will take approximately 20 minutes and begins at 5:30PM sharp. Please arrive 10 minutes ahead of time. We are located at 4446 Entrepot Blvd. The minimum age for volunteering is 8 years old and children under 14 years of age must have supervision from a parent or guardian. Please remember the majority of our volunteer work is in a warehouse environment.
- **Feeding Tampa Bay**
  - **When:** August 11<sup>th</sup> PM session (1 volunteer needed). Other dates available from Tuesday through Saturday but most events are full, but you can be added to a waitlist.
  - **Where:** 4702 Transport Dr., Bldg. 6 Tampa, FL 33605
  - **Time:** Tuesday through Saturday AM shift 9 am to 12 pm, or PM shift from 1 pm to 4 pm.
  - **Product:** TBD in Warehouse
  - **Max Number of Participants:** TBD
  - **Spots Available:** TBD
  - **How can I participate:** For individual sign up, access their website to register for a volunteer event <http://feedingtampabay.org/volunteer/>. If you want to sign up as a group (5 or more), email Edelyn Consoro at [econsoro@feedingtampabay.org](mailto:econsoro@feedingtampabay.org) or call 813-254-1190 ext. 227.
  - **Special Instructions:** Please note many groups schedule 2 – 3 months in advance, and availability is on a first come, first served basis.

## Georgia

- **Food Bank of Northeast Georgia**
  - **When:** Must call Bill Taylor to organize a date.
  - **Where:** 861 Newton Bridge Road P.O. Box 48857 Athens, GA 30604
  - **Time:** Daily AM shifts from 9:00 am - 12:00 pm or PM shifts from 1:00 pm - 4:00 pm
  - **Product:** TBD in warehouse, sorting and packing food.
  - **Max Number of Participants:** TBD
  - **Spots Available:** TBD
  - **How can I participate:** Contact Bill Taylor to schedule a volunteer event at (706)354-8191 or email [volunteers@foodbanknega.org](mailto:volunteers@foodbanknega.org)
  - **Special Instructions:** When you initially report to volunteer at the Food Bank, you will receive a brief orientation on the layout and procedures of the Food Bank. The volunteer coordinator or other staff member will explain the process for your type of service, demonstrate how the tasks are to be completed, and provide other necessary training to prepare you to work. View more information at <http://www.foodbanknega.org/>.
- **Atlanta Community Food Bank**
  - **When:**

- August 7<sup>th</sup> AM session (5 volunteers needed);
  - August 8<sup>th</sup> AM session (3 volunteers needed);
  - August 9<sup>th</sup> AM Session (4 volunteers needed);
  - August 9<sup>th</sup> PM Session (4 volunteers needed);
  - August 10<sup>th</sup> AM Session (4 volunteers needed);
  - August 10<sup>th</sup> PM Session (1 volunteers needed).
- **Where:** 732 Joseph E. Lowery Blvd. N.W. Atlanta, GA 30318
- **Time:** Various AM (9am to 12pm) and PM (1pm to 3pm) shifts usually in 3 hour time slots.
- **Product:** TBD in Warehouse, sorting and packing food.
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** Please contact our volunteer coordinator at [volunteers@acfb.org](mailto:volunteers@acfb.org) or 404-419-1727 as soon as possible to see if there is room available. View available dates online: <https://acfb.volunteerhub.com/events/index>
- **Special Instructions:** You must schedule your volunteer event ahead of time with the volunteer coordinator, they do not take walk-in volunteers. Other activities are available, but check calendar and times.

- **Golden Harvest Food Bank**

- **When:** Various dates in August available, but must contact Ann Malay
- **Where:** 3310 Commerce Drive Augusta, GA 30909
- **Time:** Various times during the week in the morning and afternoon.
- **Product:** Mobile Food Pantry
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** The first step is to fill out an online volunteer inquiry form. Once that is complete, you will need to attend a volunteer orientation <https://goldenharvest.org/volunteer/opportunities/>. For more information, email Ann Malay at [amalay@goldenharvest.org](mailto:amalay@goldenharvest.org)
- **Special Instructions:** Must register online first, and take the volunteer orientation.

- **Middle Georgia Community Food Bank**

- **When:** Various dates in August, but must call to be scheduled.
- **Where:** 4490 Ocmulgee East Boulevard PO Box 5024 Macon, GA 31217
- **Time:** Weekly from 8:30am to 5pm
- **Product:** TBD in warehouse, sorting and packing food.
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** Fill out the volunteer form online at: <http://www.mgcfb.org/index.asp?content=involvement> for more information call 478-742-3958
- **Special Instructions:**

- **Feeding the Valley Food Bank**

- **When:** Various dates in August available, but must call Steve Watson to schedule.
- **Where:** 6744 Flat Rock Road Midland, GA 31820
- **Time:** Monday through Thursday from 7am to 5pm.
- **Product:** TBD in warehouse, sorting and packing food.
- **Max Number of Participants:**
- **Spots Available:**
- **How can I participate:** Call to schedule a volunteer event with Steve Watson: [swatson@feedingthevalley.org](mailto:swatson@feedingthevalley.org) 706.561.4755
- **Special Instructions:** Please reach out via phone or website for further information. Dress comfortably in closed-toed shoes; please, no sandals or flip-flops. Wear shirts with short or long sleeves, preferably something you won't mind getting soiled. Bring a sweater or jacket for possible work in the cooler or freezer. More information online at <http://www.feedingthevalley.org/volunteer/>

- **America's Second Harvest of Coastal Georgia**

- **When:** August 9<sup>th</sup> and 10<sup>th</sup> AM sessions available. Must register online.
- **Where:** 2501 East President Street Savannah, GA 31404
- **Time:** Depending on day, AM shift from 9am to 11am or PM shift from 12:30pm to 2:30pm
- **Product:** TBD in warehouse
- **Max Number of Participants:** Depends on day.
- **Spots Available:** Check dates online.
- **How can I participate:** Register for a volunteer session on their website: <https://helpendhunger.volunteermatrix.com/> For Volunteer Opportunities at our Brunswick branch, please contact our Community Relations Coordinator, Kalista Morton at 912.261.7979 or [kmorton@helpendhunger.org](mailto:kmorton@helpendhunger.org)
- **Special Instructions:** NO open toe shoes (i.e.: flop flops, sandals or clogs) allowed at any time. Please dress appropriately to work in a warehouse and according to the weather (inside/outside). Volunteer hours during the week are Tuesday-Friday 9am-12pm and 12:30-3pm; you must schedule yourself online in advance. Check out their webpage: <http://www.helpendhunger.org/take-action/volunteer/>

- **Second Harvest of South Georgia**

- **When:** Various dates available in August, see their calendar online.
- **Where:** 1411 Harbin Circle Valdosta, GA 31601
- **Time:** Various times depending on day.
- **Product:** TBD in warehouse, food sorting and packing.
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** Register for volunteer events on their webpage: [https://www.cervistech.com/acts/console.php?console\\_id=0260&console\\_type=event#](https://www.cervistech.com/acts/console.php?console_id=0260&console_type=event#)

For ware house opportunities, contact Hannah Peverill, [hpeverill@feedingsga.org](mailto:hpeverill@feedingsga.org) or 770-316-0087

- **Special Instructions:** Great hands-on volunteer experience for both groups and individual volunteers. You will sort, inspect and package food and groceries donated to Second Harvest of South Georgia. These items are then distributed to those in need in our area through our network of over 400 partner agencies. This volunteer opportunity is not appropriate for those who cannot do moderate lifting (5-35 lbs.) or stand for prolonged periods.

## Hawaii

- **Hawaii Food Bank**
  - **When:** Most days of the week, check with website or call for further details
  - **Where:** 2611 Kilihau St., Honolulu, HI 96819
  - **Time:** Various times
  - **What:** Warehouse activities.
  - **Point of Contact:** 808.836.3600
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <http://www.hawaiifoodbank.org/become-a-volunteer>

## Idaho

- **Bonner Community Food Center**
  - **When:** Call the food center for times.
  - **Where:** 1707 Culvers Dr, Sandpoint, ID 83864
  - **Point of Contact:** (208) 263-3663
- **Community Food Basket - Idaho Falls**
  - **When:** Contact the food bank for times.
  - **Where:** 245 N Placer Ave, Idaho Falls, ID 83402
  - **Point of Contact:** (208) 524-0994
- **The Idaho Foodbank**
  - **When:** Most days of the week, check with website or call for further details
  - **Where:** 3562 TK Avenue, Boise, ID 83705
  - **Time:** Volunteer activities need to be scheduled in advance
  - **What:** Warehouse activities.
  - **Point of Contact:** 208.336.9643
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <https://idahofoodbank.org/give/volunteer/>
- **Meridian Food Bank**
  - **When:** Contact the food bank for times.
  - **Where:** 133 W Broadway Ave, Meridian, ID 83642
  - **Point of Contact:** (208) 888-5102
- **Pet Food Pantry**



- **When:** Contact the food pantry for times.
- **Where:** w 83705, 4775 W Dorman St, Boise, ID 83705
- **Point of Contact:** (208) 475-0851
- **Post Falls Food Bank**
  - **When:** Contact the food bank for times.
  - **Where:** 415 E 3rd Ave, Post Falls, ID 83854
  - **Point of Contact:** (208) 773-0139
- **Rathdrum Food Bank**
  - **When:** Contact the food bank for times.
  - **Where:** 8027 Main St, Rathdrum, ID 83858
  - **Point of Contact:** (208) 687-3696
- **Second Harvest Inland Northwest**
  - **When:** Monday through Saturday
  - **Where:** 3562 TK Avenue, Boise, ID 83705
  - **Time:** Various times, please contact via phone or website calendar to schedule an event
  - **What:** Warehouse activities.
  - **Point of Contact:** 509.534.6678
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <http://www.2-harvest.org/volunteer/>
- **Society of St. Vincent de Paul Food Pantry**
  - **When:** Call the food bank for times.
  - **Where:** 3209 W Overland Rd, Boise, ID 83705
  - **Point of Contact:** (208) 333-1460
- **Spirit Lake Food Bank**
  - **When:** Contact the food bank for times.
  - **Where:** 32154 4th Ave, Spirit Lake, ID 83869
  - **Point of Contact:** (208) 623-3107
  - **Website:** <http://www.foodbanks.net/organization/423/spirit-lake-food-bank/>

## Illinois

- **River Bend Food Bank**
  - **When:** August 4th (PM session, 24 volunteers needed).
  - **Where:** 4010 Kimmel Drive Davenport, IA 52802
  - **Time:** Am Session from 8:30am to 11:30am; PM session from 3:30pm to 7:00pm or 4:30pm to 6:30pm.
  - **Product:** Mobile Pantry to distribute food, or Foodbank to sort food.
  - **Max Number of Participants:** See dates for volunteers needed.
  - **Spots Available:** See dates for volunteers needed.
  - **How can I participate:** Register for the volunteer event via their website: <https://riverbendfoodbank.org/donate-time/>

- **Special Instructions:** For additional information, contact Belinda Mielenhausen via email at [bmielenhausen@riverbendfoodbank.org](mailto:bmielenhausen@riverbendfoodbank.org) or call 563-345-6490 x209.

- **Greater Chicago Food Depository**

- **When:**
  - August 8th PM Session (9 volunteers needed);
  - August 12<sup>th</sup> AM and PM session (30-35 volunteers needed).
- **Where:** 4100 West Ann Lurie Place Chicago, IL 60632
- **Time:** AM Session from 8am to 11am; PM Session from 12pm-3pm
- **Product:** Fresh Truck involves inspecting food and helping clients with their bags of food. Repack involves taking bulk items and separating them into packages for families.
- **Max Number of Participants:** See dates for volunteers needed.
- **Spots Available:** See dates for volunteers needed.
- **How can I participate:** Check their online calendar and sign up for events here: <https://volunteers.chicagosfoodbank.org/index.php?section=IndividualOpportunities&action=calendar> for more information call 773-247-3663
- **Special Instructions:** Volunteers must be able to stand for up to 90 minutes while doing some light lifting and bending. Some seated positions are available depending on project. Lockers with locks are available on site, but please note that we are a tobacco-free and weapons-free campus. Volunteers must be 14 years old. Volunteers 14 or 15 years old must be accompanied by an adult over the age of 18. Their website is <https://www.chicagosfoodbank.org/volunteer/>.

- **Northern Illinois Food Bank**

- **When:**
  - August 8<sup>th</sup> AM and PM session (30-40 volunteers needed);
  - August 9<sup>th</sup> PM session (3 volunteers needed);
  - August 10<sup>th</sup> AM and PM Session (24-28 volunteers needed);
  - August 12<sup>th</sup> AM Sessions (40 volunteers needed).
- **Where:** 273 Dearborn Ct. Geneva, IL 60134
- **Time:** Am Session from 9am-12pm; PM Session from 1-3:30pm
- **Product:** TBD in warehouse
- **Max Number of Participants:** See dates for volunteers needed.
- **Spots Available:** See dates for volunteers needed.
- **How can I participate:** Sign up to each session via their volunteer calendar online: <http://solvehungertoday.civicore.com/NIFB/index.php?section=volOpportunities&action=calendar> or call 630-443-6910.
- **Special Instructions:** Volunteers assist with evaluating, sorting, labeling, and packing items such as frozen meat, oatmeal, produce, etc. With this help, we are able to distribute the product to our network partners. Their website is: <http://solvehungertoday.org/volunteer-opportunities/>.

- **Central Illinois Foodbank**

- **When:** Dates vary depending on schedule, contact Elaina Feuerbach to schedule.
- **Where:** 1937 E. Cook Springfield, IL 62703
- **Time:** For Food Sorting: Monday-Thursday 8am-4pm, Wednesday 8am-7pm, and the second Saturday of each month 9am-1pm. For Warehouse: Monday-Friday 8am-4pm.
- **Product:** TBD in warehouse.
- **Max Number of Participants:** Depends on the day.
- **Spots Available:** Depends on the day, call to schedule.
- **How can I participate:** Before volunteering at the Foodbank, all potential volunteers must complete a volunteer application ([https://www.centralilfoodbank.org/Resources/13d40345-ca2b-4eb7-8056-c809fabfe548/Volunteer%20Application%20'17.pdf?TrackID=Volunteer Application '17.pdf](https://www.centralilfoodbank.org/Resources/13d40345-ca2b-4eb7-8056-c809fabfe548/Volunteer%20Application%20'17.pdf?TrackID=Volunteer%20Application%20'17.pdf)), e-mail it to: Elaina Feuerbach [efeuerbach@centralilfoodbank.org](mailto:efeuerbach@centralilfoodbank.org), or Fax it to: 217-522-6418 Attn: Elaina Feuerbach.
- **Special Instructions:** Sort, inspect and organize donated items for distribution. Must have the ability to lift 25 lbs. Opportunity hours are Monday-Thursday 8am-4pm, Wednesday 8am-7pm, and the second Saturday of each month 9am-1pm. For more information about volunteering with Central Illinois Foodbank, contact our Community Resources Coordinator, Elaina Feuerbach at 217-522-4022 ext 224 or [efeuerbach@centralilfoodbank.org](mailto:efeuerbach@centralilfoodbank.org).

- **Eastern Illinois Foodbank**

- **When:**
  - August 17<sup>th</sup> PM session (20 volunteers needed)
  - August 22<sup>nd</sup> PM Session (20 volunteers needed);
- **Where:** 2405 North Shore Drive Urbana, IL 61802
- **Time:** All repacks will be held from 5:30-7:30pm and are held at the Eastern Illinois Foodbank. Warehouse activities Mondays, Tuesdays and Thursdays from 2-4pm.
- **Product:** TBD in warehouse
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** Must sign up online for this session at: <http://www.signupgenius.com/go/20f0844afac28a0fd0-april> There are also opportunities to volunteer in their warehouse, available daily but must sign up online: <http://www.signupgenius.com/go/20f0844afac28a0fd0-daytime>
- **Special Instructions:** Volunteers are needed to evaluate, sort and stock grocery product in our warehouse. Volunteers will be orientated by an EIF staff member to ensure proper food safety procedures are met. For more information, see their website at <https://eifoodbankorg.presencehost.net/action/volunteer/> or call 217-328-3663

## Indiana

- **Hoosier Hills Food Bank**

- **When:** Various time through the week. Must call to schedule.
- **Where:** 2333 West Industrial Park Drive PO Box 697 Bloomington, IN 47404

- **Time:** Various time through the week.
  - **Product:** TBD In warehouse
  - **Max Number of Participants:** 20
  - **Spots Available:** Check dates with location.
  - **How can I participate:** Contact Volunteer Coordinator Ryan Jochim at (812) 334-8374 or [volunteer@hhfoodbank.org](mailto:volunteer@hhfoodbank.org) for more information or to schedule a volunteer shift.
  - **Special Instructions:** Probably the most flexible opportunity in terms of timing. Volunteers are always needed to help around the warehouse. Tasks could include cleaning, sorting donated food, picking up food donations (if willing to use your vehicle), staging cases of food for distribution to agencies and a variety of other jobs. The warehouse can be warm in the summer and cold in the winter and safety is important (no open toed shoes, please). Volunteer shifts are best suited for individuals rather than groups. MWF 10-5, Tu & Thu 9-5. More information can be found on their website: <http://www.hhfoodbank.org/volunteer.php>
- **Community Harvest Food Bank of Northeast Indiana**
    - **When:** Various dates throughout the week.
    - **Where:** 999 East Tillman Road P. O. Box 10967 Fort Wayne, IN 46855
    - **Time:** Various dates throughout the week.
    - **Product:** TBD in warehouse
    - **Max Number of Participants:** TBD
    - **Spots Available:** TBD
    - **How can I participate:** If you would like to volunteer individually or as part of a group, please contact us at [volunteer@communityharvest.org](mailto:volunteer@communityharvest.org) or (260) 447-3696, Ext. 306.
    - **Special Instructions:** For more information, view their website at <http://www.communityharvest.org/volunteer/>
- **Food Bank of Northwest Indiana**
    - **When:** Various days throughout the week.
    - **Where:** 2248-50 W. 35th Avenue Gary, IN 46408
    - **Time:** Various days throughout the week.
    - **Product:** TBD in Warehouse
    - **Max Number of Participants:** Depends on date.
    - **Spots Available:** Depends on date.
    - **How can I participate:** Must sign up online to schedule a volunteer opportunity: <https://foodbanknwi.org/volunteer/> For more information Call 219.980.1777 or email us at [volunteers@foodbanknwi.org](mailto:volunteers@foodbanknwi.org)
    - **Special Instructions:** More details are online at: <http://foodbanknwi.org/volunteer/>
- **Gleaners Food Bank of Indiana**
    - **When:** Various dates for August, but must call to schedule.
    - **Where:** 3737 Waldemere Ave. Indianapolis, IN 46241
    - **Time:** Monday through Friday 8:30 AM to 11:30 AM or 12:30 PM to 3:30 PM.

- **Product:** Warehouse packing and sorting activities.
  - **Max Number of Participants:** TBD
  - **Spots Available:** TBD
  - **How can I participate:** Please reach out via phone 317.925.0191 or website for further information. For more information visit the website <https://www.gleaners.org/volunteer/>
  - **Special Instructions:** Volunteer must fill out the form online before participating.
- **Food Finders Food Bank**
    - **When:**
      - August 7<sup>th</sup> AM shift (8 volunteer needed);
      - August 7<sup>th</sup> PM shift (2 volunteers needed);
      - August 8<sup>th</sup> AM shift (6 volunteer needed);
      - August 8<sup>th</sup> PM shift (3 volunteers needed);
      - August 9<sup>th</sup> AM shift (9 volunteer needed);
      - August 9<sup>th</sup> PM shift (9 volunteers needed);
      - August 10<sup>th</sup> AM shift (10 volunteer needed);
      - August 10<sup>th</sup> PM shift (10 volunteers needed);
      - August 11<sup>th</sup> AM shift (10 volunteer needed).
    - **Where:** 1204 Greenbush Street Lafayette, IN 47904
    - **Time:** AM shift from 9am to 11am; PM Shift from 1pm to 3pm
    - **Product:** TBD in warehouse
    - **Max Number of Participants:** TBD
    - **Spots Available:** 2-10 depending on day, see online calendar.
    - **How can I participate:** Must sign up online via their volunteer calendar at: <https://foodfindersfoodbank.volunteerhub.com/events/index>
    - **Special Instructions:** Other information can be found on their website at: <https://www.food-finders.org/volunteer/>

## Iowa

- **Food Bank of Iowa**
  - **When:** Daily opportunities to distribute food for Summer Food Service.
  - **Where:** 2220 E. 17th Street Des Moines, IA 50316
  - **Time:** 8am to 11am or 11:15am to 12:30pm
  - **Product:** Distribute food to kids.
  - **Max Number of Participants:** See online calendar for open slots, each day various.
  - **Spots Available:** TBD see online calendar.
  - **How can I participate:** Must sign up on their website for specific volunteer events: <http://foodbankiowa.volunteerhub.com/events/indexv1> For more information about volunteering call 515-564-0330 or [volunteer@foodbankiowa.org](mailto:volunteer@foodbankiowa.org)
  - **Special Instructions:** See calendar for more dates on opportunities to work in the warehouse. Some dates are available in August 2017.

- **River Bend Food Bank**

- **When:** August 7<sup>th</sup> at 4:30pm to 6:30pm, 13 Volunteers needed
- **Where:** 4010 Kimmel Drive Davenport, IA 52802
- **Time:** 4:30pm to 6:30pm
- **Product:** TBD in warehouse
- **Max Number of Participants:** 50
- **Spots Available:** 50
- **How can I participate:** Sign up for this volunteer session online: <https://riverbendfoodbank.org/donate-time/> For more information call or email Belinda Mielenhausen at [bmielenhausen@riverbendfoodbank.org](mailto:bmielenhausen@riverbendfoodbank.org) or 563-345-6490 x209.
- **Special Instructions:** We will work in 2 groups sorting frozen product and sorting the donations from area grocery stores and food drives.

- **HACAP Food Reservoir**

- **When:** Weekdays, 8am-5pm Evenings can be arranged for groups
- **Where:** 1515 Hawkeye Drive PO Box 490 Hiawatha, IA 52233
- **Time:** 8am to 5pm
- **Product:** TBD in warehouse
- **Max Number of Participants:** 1-20
- **Spots Available:** TBD on Date
- **How can I participate:** Sign up for warehouse events on their website: [http://www.hacap.org/files/9714/8773/4217/VolunteerApp\\_1.pdf](http://www.hacap.org/files/9714/8773/4217/VolunteerApp_1.pdf) or email [cackman@hacap.org](mailto:cackman@hacap.org)
- **Special Instructions:** View more details on their website: <http://www.hacap.org/how-to-help/how-volunteer/>

- **Northeast Iowa Food Bank**

- **Where:** 1605 Lafayette Street PO Box 2397 Waterloo, IA 50703
- **Time:** Various times throughout the week.
- **Product:** TBD in warehouse
- **Max Number of Participants:** 20
- **Spots Available:** TBD On Date
- **How can I participate:** Sign up for volunteer opportunities through their online form: <https://www.volgistics.com/ex/portal.dll/ap?ap=540373463> For more information contact Dan Bohnker at [dbohnker@feedingamerica.org](mailto:dbohnker@feedingamerica.org) or 319-235-0507.
- **Point of Contact:** 319.235.0507
- **Special Instructions:** Please reach out via phone or website for further information. For group scheduling please contact Dan Bohnker at [dbohnker@feedingamerica.org](mailto:dbohnker@feedingamerica.org) or 319-235-0507
- **Website:** <https://www.northeastiowafoodbank.org/get-involved/volunteer/>

## Kansas

- **Kansas Food**

- **When:** Various dates, must schedule ahead of time.
- **Where:** 1919 E. Douglas Wichita, KS 67211
- **Time:** Varies with date.
- **Product:** TBD in warehouse
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** Must contact location directly to setup a volunteer event: For more information about any of the above volunteer opportunities please email: [volunteer@kansasfoodbank.org](mailto:volunteer@kansasfoodbank.org) or call (316) 265-3663.
- **Special Instructions:** View their website for further details: <http://www.kansasfoodbank.org/how-to-help/volunteer/>. The temperature in the warehouse varies by season, so please dress accordingly. A light jacket is recommended in winter. Please wear closed-toe shoes, like sneakers, to protect your feet as we do not allow any open-toe shoes in the warehouse. For safety reasons, we ask that you not use your cellphone or MP3 player or other listening devices while in the warehouse. Pants must be worn at the waist with a belt if necessary; no sagging allowed. Please do not wear loose jewelry during your volunteer shift.

## Kentucky

- **Feeding Kentucky – America’s Heartland**

- **When:** Dates throughout the week.
- **Where:** 313 Peterson Dr., PO Box 821 Elizabethtown, KY 42701
- **Time:** Monday through Thursday 9 a.m. – 7 p.m.
- **Product:** TBD in warehouse
- **Max Number of Participants:** TBD
- **Spots Available:** TBD
- **How can I participate:** Must complete their online registration to participate at <https://feedingamericaky.org/volunteer/> or call the Volunteer Center at 270-735-1407.
- **Special Instructions:** All volunteers must review the FAKH Volunteer Center Policies and Procedures. See their website for other descriptions <http://feedingamericaky.org/volunteer/>. We understand that it isn’t always easy to schedule volunteer time in advance, so walk-ins are always welcome. However, groups of six or more must call ahead so we can schedule your visit when there’s plenty of food sorting, packing, and other tasks to complete. Volunteers need to be at least 5 years old. Volunteers must be 16 years old to work without a parent or guardian.

- **God’s Pantry Food Bank**

- **When:**
  - August 8th – 5-8PM 30 SPOTS AVAILABLE;
  - August 12th – 9AM-12PM 30 SPOTS AVAILABLE;

- August 12th – 1PM-4PM 30 SPOTS AVAILABLE;
    - Tuesday, August 15th – 5-8PM 30 SPOTS AVAILABLE;
    - August 19th – 9AM-12PM 30 SPOTS AVAILABLE;
    - August 19th – 1PM-4PM 30 SPOTS AVAILABLE;
    - August 22nd – 5-8PM 30 SPOTS AVAILABLE;
    - August 26th – 9AM-12PM 30 SPOTS AVAILABLE;
    - August 26th – 1PM-4PM 30 SPOTS AVAILABLE;
    - August 29th – 5-8PM 30 SPOTS AVAILABLE.
  - **Where:** 1685 Jaggie Fox Way Lexington, KY 40511
  - **Time:** Tuesdays from 5p-8p and Saturdays from 9a-12p and 1p-4p
  - **Product:** TBD in warehouse
  - **Max Number of Participants:** See dates for number of volunteers needed.
  - **Spots Available:** See dates.
  - **How can I participate:** Must sign up online <https://www.godspantry.org/volunteer-warehouse/> After signing up for a shift via email, you will receive a confirmation email. It is NOT an automated response, so it may be a few days. If you do NOT receive a contact email at least a week before the shift you requested, please alert us so that we can confirm your shift: Caroline Glenn at [cglenn@godspantry.org](mailto:cglenn@godspantry.org)
  - **Special Instructions:** They do not accept walk-ins. Must schedule volunteer event. For more information see their website at <https://www.godspantry.org/take-action/volunteer/> or call 859-255-6592
- **Dare to Care Food Bank**
    - **When:** Weekdays, various times are available, must call to schedule.
    - **Where:** 5803 Fern Valley Road PO Box 35458 Louisville, KY 40232
    - **Time:** Weekday shift between 9:00am – 11:30am or 1:00pm – 3:00pm
    - **Product:** TBD in warehouse
    - **Max Number of Participants:** TBD on date.
    - **Spots Available:** TBD on date.
    - **How can I participate:** Must sign on via their website: <https://daretocare.org/individual-volunteer-form/> or for more information contact Pat Kenkel at 502.736.9421 or [pat@daretocare.org](mailto:pat@daretocare.org)
    - **Special Instructions:** Volunteer activities are available at the main warehouse on Fern Valley Road and the CSFP warehouse on Cane Run Road. Safety is our priority. Please note that volunteers must be at least 13-years-old, and open-toed shoes are not permitted in our warehouse, when handling food. For more information, view their website at <https://daretocare.org/donate/donate-time/>

## Louisiana

- **Food Bank of Central Louisiana**
  - **When:** After hours during the week and on Saturdays
  - **Where:** 3223 Baldwin Avenue Alexandria, LA 71301
  - **Time:** Call or email for details



- **What:** Warehouse and other activities.
  - **Point of Contact:** 318.445.2773 to schedule a time and volunteer opportunity for your group. For addition information or to schedule a time to volunteer, please email the volunteer coordinator, Carole Stafford, at [cstafford@fbcenla.org](mailto:cstafford@fbcenla.org).
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <https://www.fbcenla.org/volunteer>
- **Great Baton Rouge Food Bank**
    - **When:** Monday thru Saturday
    - **Where:** 10600 S. Choctaw Drive, Baton Rouge, LA 70815
    - **Time:** Monday – Friday 8 a.m. – 4 p.m., Saturdays 8 a.m. – noon
    - **What:** Warehouse and other activities.
    - **Point of Contact:** 225.359.9940. Hope Ortego, Volunteer Director, at (225) 359-9940 ext 207.
    - **Special Instructions:** Please reach out via phone or website to schedule a day to volunteer. Activities include sorting food donated to the food bank and categorizing for distribution to agencies. Check and emptying the food bank barrels at local sites and deliver food to the food bank.
    - **Website:** <https://brfoodbank.org/home/volunteer/>
- **Food Bank of Northeast Louisiana**
    - **When:** Monday thru Thursday and occasional Saturdays
    - **Where:** 4600 Central Ave, Monroe, LA 71211
    - **Time:** Call or email for details, usually during office hours.
    - **What:** Warehouse and other activities.
    - **Point of Contact:** 318.322.3567, Sarah Hoffman Volunteer Director.
    - **Special Instructions:** Please reach out to Sarah Hoffman for scheduling volunteer days. You can register via the website with times that would be conducive for your schedule as well.
    - **Website:** <https://www.foodbanknela.org/volunteer/>
- **Second Harvest Food Bank of Greater New Orleans and Acadiana**
    - **When:** Monday thru Friday
    - **Where:** 10600 S. Choctaw Drive, Baton Rouge, LA 70815
    - **Time:** Monday – Friday with shifts at 9AM – NOON and 1PM – 4PM
    - **What:** Warehouse and some gleaning activities.
    - **Point of Contact:** 504.734.1322. or Michelle Rosamond at 504-729-2849 or at [mrosamond@secondharvest.org](mailto:mrosamond@secondharvest.org). For Gleaning activities please contact Volunteer Services Coordinator Vanessa Cave-Herazo at 504-729-2850 or at [vcaveherazo@secondharvest.org](mailto:vcaveherazo@secondharvest.org). Gleaning is typically from November to February but contact Vanessa for updates.
    - **Special Instructions:** Please reach out via phone or website for further information. You must register with the website to see availability of dates
    - **Website:** <http://no-hunger.org/volunteer/>

- **Food Bank of Northwest Louisiana**
  - **When:** Monday thru Thursday
  - **Where:** 2307 Texas Avenue Shreveport, LA 71103
  - **Time:** 8 a.m. to Noon
  - **What:** Warehouse and other activities. Volunteers can pack boxes for the elderly that receive a 45 pound box of food monthly. Volunteers are also needed to deliver a Senior Box to an elderly member of the community.
  - **Point of Contact:** 318.675.2400.
  - **Special Instructions:** Please reach out via phone or website for further information. Please contact Gene Haynes, Community Coordinator at (318) 675-2400 ext 115 or [ghaynes@foodbanknla.org](mailto:ghaynes@foodbanknla.org) to schedule a day to volunteer
  - **Website:** <http://www.foodbanknla.org/how-you-can-help.html>

## Maine

- **Good Shepherd Food Bank**
  - **When:** Various dates available.
  - **Where:** 3121 Hotel Road PO Box 1807 Auburn, ME 04211
  - **Time:** Depends on event, must contact Volunteer Manager.
  - **Product:** TBD in warehouse
  - **Max Number of Participants:** TBD on date
  - **Spots Available:** TBD on date
  - **How can I participate:** Contact Volunteer Manager, Bethany Tatro prior to arriving at the Food Bank. Bethany can be reached at 207-782-3554 ext 1169 or [btatro@gsfb.org](mailto:btatro@gsfb.org).
  - **Special Instructions:** For more information, view their website: <http://www.gsfb.org/get-involved/volunteer/>

## Massachusetts

- **The Greater Boston Food Bank**
  - **When:** Call or email for details
  - **Where:** 70 South Bay Ave Boston, MA 02118
  - **Time:** Call or email for details
  - **What:** Warehouse and other activities.
  - **Point of Contact:** 617.427.5200.
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <https://www.gbfb.org/get-involved/volunteer/>
  
- **The Food Bank of Western Massachusetts**
  - **When:** Call or email for details
  - **Where:** 97 North Hatfield Road PO Box 160 Hatfield, MA 01038

- **Time:** Call or email for details
  - **What:** Warehouse and other activities.
  - **Point of Contact:** 413.247.9738.
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <https://www.foodbankwma.org/get-involved/volunteer/>
- **Worcester County Food Bank**
    - **When:** Monday thru Friday
    - **Where:** 474 Boston Turnpike Shrewsbury, MA 01545
    - **Time:** 8am to 3:30pm
    - **What:** Warehouse and other activities.
    - **Point of Contact:** 508.842.3663.
    - **Special Instructions:** Please reach out via phone or website for further information.
    - **Website:** <http://foodbank.org/get-involved/volunteer/>

## Michigan

- **Food Gatherers**
  - **When:** Monday thru Saturdays
  - **Where:** 1 Carrot Way P.O. Box 131037 Ann Arbor, MI 48105
  - **Time:** Monday through Friday 9-11am or 1-3pm, with evening shifts on Wednesdays 5:30-7:30pm and Saturdays from 10-12pm.
  - **What:** Warehouse and other activities.
  - **Point of Contact:** 734.761.2796.
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <http://www.foodgatherers.org/?module=Page&slD=get-involved>
- **Food Bank of South Central Michigan**
  - **When:** First Friday of the month. 3<sup>rd</sup> Saturday of the month.
  - **Where:** 5451 Wayne Road P.O. Box 408 Battle Creek, MI 49016
  - **Time:** Friday 5pm – 7pm. Saturday: 9am to noon.
  - **What:** Warehouse and other activities.
  - **Point of Contact:** 269-441-4438
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <https://www.foodbankofscm.org/get-involved/volunteer-2/>
- **Feeding America West Michigan Food Bank**
  - **When:** Call or check online calendar for details.
  - **Where:** 864 West River Center Drive Comstock Park, MI 49321
  - **Time:** Call or check online calendar for details.
  - **What:** Warehouse and gleaning activities.
  - **Point of Contact:** Volunteer Coordinator, Nate Maroulis. You can call 616-389-6351 or email [NateM@FeedWM.org](mailto:NateM@FeedWM.org)

- **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <https://www.feedwm.org/volunteer/>
- **Gleaners Community Food Bank of Southeastern Michigan**
    - **When:** Call or check online calendar for details.
    - **Where:** 2131 Beaufait Street Detroit, MI 48207
    - **Time:** Call or check online calendar for details.
    - **What:** Warehouse and gleaning activities.
    - **Point of Contact:** 313.923.3535
    - **Special Instructions:** Please reach out via phone or website for further information.
    - **Website:** [http://www.gcfb.org/volunteer\\_opportunities](http://www.gcfb.org/volunteer_opportunities)
- **Food Bank of Eastern Michigan**
    - **When:** Call or check online calendar for details.
    - **Where:** 2312 Lapeer Road Flint, MI 48503
    - **Time:** Call or check online calendar for details.
    - **What:** Warehouse and gleaning activities.
    - **Point of Contact:** 810.239.4441. Keri Brack: (810) 396-0210 or Email: [kbrack@feedingamerica.org](mailto:kbrack@feedingamerica.org)
    - **Special Instructions:** Please reach out via phone or website for further information.
    - **Website:** <https://www.fbem.org/how-to-help/volunteer/>
- **Greater Lansing Food Bank**
    - **When:** Monday thru Friday, some Saturdays.
    - **Where:** 919 Filley St. Lansing, MI 48906
    - **Time:** Monday–Friday, 9:00 a.m.–noon and 1:00 p.m.–3:00 p.m.; Some Saturday and evenings available for large groups. Please contact them for details. Gleaning: (late Summer through late Fall, Tuesday–Friday 9:00 am to 12:00 pm, call to schedule.
    - **What:** Warehouse and gleaning activities.
    - **Point of Contact:** 517.853.7800
    - **Special Instructions:** Please reach out via phone or website for further information.
    - **Website:** <http://greaterlansingfoodbank.org/volunteer/volunteer-opportunities/>
- **Forgotten Harvest**
    - **When:** Please contact for details.
    - **Where:** 21800 Greenfield Road Oak Park, MI 48237
    - **Time:** Please contact for details.
    - **What:** Warehouse activities.
    - **Point of Contact:** 248.967.1500
    - **Special Instructions:** Please reach out via phone or website for further information.
    - **Website:** <http://greaterlansingfoodbank.org/volunteer/volunteer-opportunities/>

## Minnesota

### **North Country Food Bank**

- **When:** Please contact NCFB to schedule.
- **Where:** 424 North Broadway Crookston, MN 56716
- **Time:** Please contact NCFB to schedule.
- **What:** Warehouse and other activities.
- **Point of Contact:** 218.281.7356 for main office
- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
- **Website:** <http://www.northcountryfoodbank.org/volunteer.html>

### **Second Harvest Northern Lakes Food Bank**

- **When:** Monday-Friday
- **Where:** 4503 Airpark Boulevard Duluth, MN 55811
- **Time:** Monday – Thursday: 8:30 AM – 4 PM Friday: 8:30 AM – 2 PM
- **What:** Warehouse activities.
- **Point of Contact:** 218.727.5653 or [info@northernlakesfoodbank.org](mailto:info@northernlakesfoodbank.org)
- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
- **Website:** <http://www.northernlakesfoodbank.org/make-a-difference/index.php?id=Volunteer>

### **Second Harvest North Central Food Bank**

- **When:** Monday- Thursday
- **Where:** 2222 Cromell Drive PO Box 5130 Grand Rapids, MN 55744
- **Time:** Monday-Thursday 11:00 AM -3:30 PM
- **What:** Warehouse activities.
- **Point of Contact:** 218.326.4420. Volunteer Coordinator: 218.326.4420 ext. 23  
[markl@secondharvestncfb.com](mailto:markl@secondharvestncfb.com)
- **Special Instructions:** Please reach out via phone or website for further information and guidelines. Call at least two weeks in advance to schedule or arrange this with the food bank.
- **Website:** <https://secondharvestncfb.com/get-involved/volunteer/>

### **Channel One Food Bank**

- **When:** Monday- Friday
- **Where:** 131 35th Street, SE Rochester, MN 55904
- **Time:** Mon – Thur, 8 AM to 5:45 PM Fri, 8 AM to 11:45 AM
- **What:** Food Shelf (Warehouse) activities. Some gleaning opportunities

- **Point of Contact:** 507.424.1700/ 507-287-2350 / 507-287-2351. Volunteer Opportunities/Food Drives coordinator: Barbara Schramm, 507-424-1705, [barbaraschramm@channel-one.org](mailto:barbaraschramm@channel-one.org)
- **Special Instructions:** Please reach out via phone or website for further information and guidelines. Glean Team volunteers pick produce from gardens and orchards from late summer through fall. We send email notices to gleaning volunteers when opportunities become available, please sign up online to be notified of gleaning opportunities.
- **Website:** <https://www.helpingfeedpeople.org/volunteer/>

## Second Harvest Heartland

- **When:** Monday-Saturday
- **Where:** 1140 Gervais Avenue St. Paul, MN 55109
- **Time:** Times vary based on activity, please see online calendar for details.
- **What:** Sort and Repack (Warehouse) activities. Fresh Produce Distribution/
- **Point of Contact:** 651.484.5117
- **Special Instructions:** Please reach out via phone or website for further information and guidelines. Glean Team volunteers pick produce from gardens and orchards from late summer through fall. We send email notices to gleaning volunteers when opportunities become available, please sign up online to be notified of gleaning opportunities.
- **Website:** <http://www.2harvest.org/get-involved/volunteer/#.WUgOLnJdCos> Online Calendar: <https://secondharvestheartland.civicore.com/index.php?section=searchCalendar&action=calendar>

## Mississippi

- **Mississippi Food Network**
  - **When:** Please contact via phone or email for details.
  - **Where:** 440 W. Beatty Street, Jackson, MS 39205
  - **Time:** Please contact via phone or email for details.
  - **What:** Warehouse and other activities.
  - **Point of Contact:** 601.973.7089. Stacey Cain at [scain@msfoodnet.org](mailto:scain@msfoodnet.org) or 601-973-7089
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. Please wear appropriate clothing for a warehouse setting with limited heat in the winter and no air conditioning in the summer.
  - **Website:** <http://www.msfoodnet.org/get-involved/>

## Missouri

- **St. Louis Area Food Bank**

- **When:** Tuesday thru Saturday
  - **Where:** 70 Corporate Woods Drive Bridgeton, MO 63044
  - **Time:** Tuesday & Wednesday 9:00 a.m. to Noon & 4:00 p.m. to 7:00 p.m. Thursday & Friday 9:00 a.m. to Noon and 1:00 p.m. to 4:00 p.m. Saturday 10:00 a.m. to 1:00 p.m.
  - **What:** Warehouse activities.
  - **Point of Contact:** 314.292.6262
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. You must register before you can sign up for a volunteer shift. Register Here - <http://stlfoodbank.volunteerhub.com/UserRegistration/RegistrationWizard.aspx>. Once you register with your username and password, you will be able to sign up for any open volunteer opportunities.
  - **Website:** <http://stlfoodbank.org/get-involved/volunteer/>
- **The Food Bank for Central and Northeast Missouri**
    - **When:** Tuesday thru Saturday
    - **Where:** 2101 Vandiver Drive, Suite B Columbia, MO 65202
    - **Time:** Monday – Thursday 8:30 - 10:30 a.m., 10:30 a.m.-12:30 p.m., 1:00 - 4:00 p.m. 4:00 - 6:00 p.m.\*Groups of 20 or more may request a 6 p.m. - 8:30 p.m. shift. Friday 8:30 - 10:30 a.m., 10:30 a.m. - 12:30 p.m., 1:00 - 3:00 p.m., 3:00 - 5:00 p.m. Saturday 9:00 - 11:30 a.m., 12:30 p.m. - 3 p.m.
    - **What:** Warehouse activities.
    - **Point of Contact:** 573.474.1020. Melanie Lake, Volunteer Coordinator, (573) 447-6609 or [melaniel@sharefoodbringhope.org](mailto:melaniel@sharefoodbringhope.org)
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines. Families with children ages 4 to 12 are also welcome to volunteer with us during a special family shift from 10:30 a.m. to 12:30 p.m. during the summer months.
    - **Website:** <http://sharefoodbringhope.org/volunteer>
- **Harvesters Food Network**
    - **When:** Throughout the week
    - **Where:** 3801 Topping Avenue Kansas City, MO 64129
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse and other activities.
    - **Point of Contact:** 816.929.3000
    - **Special Instructions:** Please reach out via phone or website for further information.
    - **Website:** Submit a group volunteer request for 6 or more groups on their webpage: <http://www.harvesters.org/give-time> Or sign up individually to up to 5 volunteers on their event listing webpage: <http://www.harvesters.org/Give-Time/Volunteer-Sign-Up>

- **Southeast Missouri Food Bank**
  - **When:** Throughout the week
  - **Where:** 600 State Highway H Sikeston, MO 63801
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Senior food box packing, Food Drive sorting & packing and warehouse - Produce Gleaning.
  - **Point of Contact:** 855.703.3663, Mary Thatch, Community Outreach Coordinator, [mthatch@feedingamerica.org](mailto:mthatch@feedingamerica.org).
  - **Special Instructions:** Please reach out via phone or website for further information.
  - **Website:** <http://www.semofoodbank.org/Volunteer/>
  
- **Ozarks Food Harvest**
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **Where:** 2810 N. Cedarbrook Ave Springfield, MO 65803
  - **What:** Warehouse and other activities.
  - **Point of Contact:** 417.865.3411. Jo Thompson at (417) 865-3411, ext. 114, [jthompson@ozarksfoodharvest.org](mailto:jthompson@ozarksfoodharvest.org).
  - **Special Instructions:** New volunteers must submit an application before scheduling. Registered volunteers may schedule sessions through the online Jo Thompson or by calling 417.865.3411 ext. 114.
  - **Website:** <https://ozarksfoodharvest.org/how-to-help/volunteer/>
  
- **Second Harvest Community Food Bank**
  - **When:** Throughout the week
  - **Where:** 915 Douglas St. Joseph, MO 64505
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse and other activities.
  - **Point of Contact:** 816.364.3663, Christine Feuerbacher or email [jstraight@ourcommunityfoodbank.org](mailto:jstraight@ourcommunityfoodbank.org)
  - **Special Instructions:** Please reach out via phone or website for further information. Volunteers must be at least 16 years of age. Supervised by an adult if they are between the ages of 10 and 16, and one adult is required for every seven volunteers under the age of 16.
  - **Website:** <http://www.ourcommunityfoodbank.org/index.cfm/m/8/Volunteer/>

## Montana

- **Billings Food Bank**
  - **When:** Please contact the food bank.
  - **Where:** 2112 4th Ave N, Billings, MT 59101
  - **Time:** Contact the food bank for more information.
  - **What:** A variety of opportunities.
  - **Point of Contact:** Please contact the food bank at 406.259.2856 or [foodbank@billingsfoodbank.com](mailto:foodbank@billingsfoodbank.com). You can also write to the food bank.



- **Website:** <http://billingsfoodbank.com/>
- **Flathead Food Bank**
  - **When:** Please call or visit the website.
  - **Where:** 1203 Hwy 2 West, Kalispell, MT 59901
  - **Time:** Please call or visit the website.
  - **What:** Stocking shelves with food and preparing food bags
  - **Point of Contact:** [info@flatheadfoodbank.com](mailto:info@flatheadfoodbank.com); (406)752-FOOD (3663), (406)752-SAVE (7283)
  - **Special Instructions:** Sign up to receive the newsletter at this link: <http://www.flatheadfoodbank.com/contact.php>
  - **Website:** <http://www.flatheadfoodbank.com/index.php>
- **Gallatin Valley Food Bank**
  - **When:** Contact the food bank for times.
  - **Where:** 602 Bond St. Bozeman, Montana 59715
  - **Time:** Contact the food bank for times
  - **What:** Harvesting produce in one of the gardens, collecting food during special events, and delivering senior groceries
  - **Point of Contact:** 406.586.7600
  - **Special Instructions:** Please complete the [Volunteer Registration Form](#) listing days and times that you are available, as well as a description of your skill sets, experience, and what you would like to do as a volunteer. The food bank typically limits each volunteer to one 3-hour shift per week. If you have questions, please fill out the form at <https://www.gallatinvalleyfoodbank.org/contact/>.
  - **Website:** <https://www.gallatinvalleyfoodbank.org/>
- **Great Falls Community Food Bank**
  - **When:** Please call or visit the website.
  - **Where:** 1620 12th Ave North, Great Falls, Montana 59401
  - **Time:** Please call or visit the website.
  - **What:** Backpacks for Kids Program—children receive a pack containing two days of healthy, easy-to-prepare food to help them through the weekend and school breaks when school meal programs are not available.
  - **Point of Contact:** (406) 452-9029 or fill out the form at <http://www.greatfallsfoodbank.org/contact-us/>
  - **Special Instructions:**
  - **Website:** <http://www.greatfallsfoodbank.org/>
- **Montana Food Bank Network**
  - **When:** Throughout the week
  - **Where:** 5625 Expressway, Missoula, MT 59808
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.

- **Point of Contact:** 406.215.1766. Margaret Perry, Development/Volunteer Coordinator, at 406.215.1766 or [mperry@mfbn.org](mailto:mperry@mfbn.org)
- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
- **Website:** <http://mfbn.org/act/volunteer>
- **12 Baskets Food Pantry (ministry of VCF Nampa)**
  - **When:** Contact the food pantry for times.
  - **Where:** 11220 Lone Star Rd, Nampa, ID 83651
  - **Point of Contact:** (208) 546-5896 or [office@vcfnampa.com](mailto:office@vcfnampa.com)
  - **Website:** <http://www.vcfnampa.com/ministries/12-baskets-food-pantry>

## Nebraska

- **Food Bank of Lincoln**
  - **When:** Throughout the week
  - **Where:** 4840 Doris Bair Circle, Suite A Lincoln, NE 68529
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 402.466.8170. (402) Jami Gordon or email [jgordon@lincolnfoodbank.org](mailto:jgordon@lincolnfoodbank.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. A maximum of 7 volunteers will be allowed per shift. A minimum of 4 volunteers are needed per shift or the volunteer shift will be canceled. Volunteers can sign up through the website at [http://www.lincolnfoodbank.org/volunteer\\_app.php](http://www.lincolnfoodbank.org/volunteer_app.php) or call Jami Gordon.
  - **Website:** <http://www.lincolnfoodbank.org/volunteer.php>
- **Food Bank for the Heartland**
  - **When:** Tuesday thru Saturday
  - **Where:** 10525 J Street Omaha, NE 68127
  - **Time:** Tuesday – Friday: 9:00 a.m. – 11:30 a.m. 1:00 p.m. – 3:30 p.m. Tuesday Evening: 5:00 p.m. – 7:00 p.m. Saturday: 9:00 a.m. – 11:30 a.m.
  - **What:** Warehouse activities.
  - **Point of Contact:** 402.331.1213 or email [Volunteer@FoodBankHeartland.org](mailto:Volunteer@FoodBankHeartland.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. Group sizes range from 3 to 50 people. Volunteers must be at least 16 years old, ages 12-15 may volunteer with adult supervision. First step is complete the individual or group application. Second step is once a volunteer coordinator has completed your application, login to the volunteer portal to schedule volunteer hours.
  - **Website:** <http://foodbankheartland.org/volunteer/>

## Nevada

- **Three Square Food Bank**
  - **When:** Throughout the week
  - **Where:** 4190 N. Pecos Rd., Las Vegas, NV 89115
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 702.644.3663 or email [volunteers@threesquare.org](mailto:volunteers@threesquare.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. Volunteers ages 10-15 must have a parent/guardian present. Ages 16-17 may volunteer on their own with a consent form (sorry, no volunteers under age 10).
  - **Website:** <https://www.threesquare.org/how-to-help/volunteer/>
  
- **Food Bank of Northern Nevada**
  - **When:** Days and times are listed below
    - Tuesday – Thursday: 1:00 p.m. – 3:30 p.m. | 5:30 p.m. – 8:00 p.m.
    - Friday: 1:00 p.m. – 3:30 p.m.
    - Saturday: 9:00 a.m. – 11:00 a.m. | 12:00 p.m. – 2:00 p.m.
    - Sunday & Monday: Closed for volunteers
  - **Where:** 550 Italy Dr., McCarran, NV 89434
  - **What:** Warehouse activities.
  - **Point of Contact:** 775.785.5957; Angie Medina, Volunteer Coordinator or email [email@fbnn.org](mailto:email@fbnn.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. Children over the age of 10 are welcome to volunteer with an adult. Must be 16 and over to participate without an adult. Volunteers should complete an application.
    - Individual volunteers can apply and create an account at the following link. After their account has been created, they can log in to the site and view the calendar. <https://fbnn.org/get-involved/volunteer/individual-volunteer-application/>
    - An application for group volunteers is here: <https://fbnn.org/get-involved/volunteer/group-application/>
  - **Website:** <https://fbnn.org/get-involved/volunteer/>

## New Hampshire

- **New Hampshire Food Bank**
  - **When:** Throughout the week
  - **Where:** 700 East Industrial Park Drive Manchester, NH 03109
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.

- **Point of Contact:** 603.669.9725. Volunteer Coordinator, Marguerite Malloy at 603.669.9725 ext. 131 or [mmalloy@nhfoodbank.org](mailto:mmalloy@nhfoodbank.org)
- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
- **Website:** <https://www.nhfoodbank.org/how-to-help/volunteer/>

## New Jersey

- **Community Food Bank of New Jersey**
  - **When:** Throughout the week
  - **Where:** 31 Evans Terminal Hillside, NJ 07205
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 908.355.3663
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.cfbnj.org/help/volunteer/>
- **FULFILL - (The FoodBank of Monmouth and Ocean Counties, Inc.)**
  - **When:** Throughout the week
  - **Where:** 3300 Route 66 Neptune, NJ 07753
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 732.918.2600
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://fulfillnj.org/ways-to-help/volunteer/>
- **Food Bank of South New Jersey**
  - **When:** Throughout the week
  - **Where:** 1501 John Tipton Boulevard Pennsauken, NJ 08110
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 856.662.4884
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://foodbanksj.org/how-to-help/>

## New Mexico

- **Echo Food Bank**
  - **When:** Contact the food bank for times.
  - **What:** Opportunities include sorting, boxing, and bagging food.
  - **Where:** 401 S Commercial Ave, Farmington, NM 87401
  - **Point of Contact:** 505.325-8222

- **Website:** <http://www.echoinc.org/>
- **Food Bank-Eastern New Mexico**
  - **When:** Outside of any special events, volunteers are welcome to help in the facility from 8 a.m. to 5 p.m. on Monday through Friday.
  - **Where:** 2217 E Brady Ave, Clovis, NM 88101
  - **Point of Contact:** 575.763-6130
  - **Website:** <http://www.fbenm.org/>
- **Food Depot**
  - **When:** Contact the food bank for times.
  - **What:** Volunteers at The Food Depot primarily sort and evaluate the quality of donated food and repack food purchased in bulk into smaller packages.
  - **Where:** A, 1222 Siler Rd, Santa Fe, NM 87507
  - **Point of Contact:** 505.471-1633
  - **Website:** <https://www.thefooddepot.org/>
- **Grants Community Pantry**
  - **When:** Contact the food pantry for times.
  - **Where:** 222 E Stephens Ave, Grants, NM 87020
  - **Point of contact:** 505.287.5090 or [coo@thecommunitypantry.org](mailto:coo@thecommunitypantry.org)
  - **Website:** <http://thecommunitypantry.org/grants-community-pantry/>
- **Roadrunner Food Bank**
  - **When:** Throughout the week
  - **Where:** 5840 Office Blvd. NE, Albuquerque, NM 87109
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** Jennifer Williams – 505.349.8841 or [Jennifer.williams@rrfb.org](mailto:Jennifer.williams@rrfb.org) or Candace Baca – 505.349.5358 or [candace.baca@rrfb.org](mailto:candace.baca@rrfb.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.rrfb.org/take-action/volunteer-in-albuquerque/>
- **The Storehouse New Mexico**
  - **When:** Wednesday – Friday: 8:00am to 4:00pm; Saturday: 8:00am to 1:00pm
  - **What:** Opportunities include sorting food, working directly with customers, and loading groceries.
  - **Where:** 106 Broadway Blvd SE, Albuquerque, NM 87102
  - **Point of Contact:** (505) 842-6491
  - **Website:** <https://www.thestorehouseabq.org/>

## New York

- **Island Harvest** (*15 Grumman Road West Suite 1450 Bethpage, NY 11714*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 516.294.8528

- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.islandharvest.org/get-involved/volunteer/>
- **Food Bank of Western New York** (*91 Holt Street Buffalo, NY 14206*)
    - **When:** Tuesday thru Saturday
    - **Time:** Tuesday-Thursday: 9 a.m. to 12 p.m., 1 p.m. to 4 p.m. Friday: 9 a.m. to 12 p.m., 12 p.m. to 2 p.m. Saturday: 9 a.m. to 1 p.m..
    - **What:** Warehouse activities.
    - **Point of Contact:** 716.852.1305 or email [volunteer@foodbankwny.org](mailto:volunteer@foodbankwny.org) or call 935-6680
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://www.foodbankwny.org/volunteer/>
- **Food Bank of the Southern Tier** (*388 Upper Oakwood Avenue Elmira, NY 14903*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 607.796.6061
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://www.foodbankst.org/volunteer>
- **Food Bank for Westchester** (*200 Clearbrook Road Elmsford, NY 10523*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 914.923.1100
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://www.foodbankforwestchester.org/help-us/donate-time>
- **Regional Food Bank of Northeastern New York** (*965 Albany Shaker Rd. Latham, NY 12110*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 518.786.3691
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://regionalfoodbank.net/volunteer/>

- **Food Bank for New York City** (*355 Food Center Dr. New York, NY 10474*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 718.991.4300
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.foodbanknyc.org/volunteer/>
  
- **City Harvest** (*6 East 32nd Street, 5th Fl. New York, NY 10016*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 646.412.0600
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.cityharvest.org/volunteer/volunteer/>
  
- **Long Island Cares** (*10 Davids Drive Hauppauge, NY 11788*)
  - **When:** Monday-Friday by appt 8:30 am-4:30 pm
  - **Time:** Saturday by appt. for groups ONLY 8:30 am -1pm
  - **What:** Warehouse activities.
  - **Point of Contact:** Alisha Summers at (631) 582-3663 ext. 119 email preferred [asummers@licares.org](mailto:asummers@licares.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. 4 volunteers needed per date, 12 years and older to volunteer, anyone under 18 years must be accompanied by an adult. The Volunteer Liability Release Form MUST be completed and emailed or faxed to Alisha Summers. Volunteers always for special events or food drives.
  - **Website:** <https://www.licares.org/make-a-difference/volunteer/>
    - <https://www.licares.org/make-a-difference/turn-your-music-into-meals/>
    - <https://www.licares.org/make-a-difference/opportunities-for-youth/>
  
- **Foodlink** (*1999 Mt. Read Boulevard Rochester, NY 14615*)
  - **When:** Monday-Friday
  - **Time:** 8:00am 4:30pm by appointment
  - **What:** Warehouse activities.
  - **Point of Contact:** Kera Keller 585.328.3380. 585-413-4097 or [volunteers@foodlinkny.org](mailto:volunteers@foodlinkny.org).

- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
- **Website:** [http://foodlinkny.org/fight\\_hunger/get-involved/#tab-1](http://foodlinkny.org/fight_hunger/get-involved/#tab-1)
- **Food Bank of Central New York** (*7066 Interstate Island Road Syracuse, NY 13209*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 315.437.1899
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.foodbankcny.org/get-involved/volunteer-opportunities/>

## North Carolina

- **Inter-faith Food Shuttle** (*1001 Blair Drive Raleigh, NC 27620*)
  - **When:** Mon-Friday 8am-4pm (Saturday limited 8-1:30 warehouse 4 volunteers only)
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse and gleaning activities.
  - **Point of Contact:** 919.250.0043 Main Abby Riesett (919) 390-1968
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Gleaning Event Tuesday, August 8<sup>th</sup> 9am-12pm August 15<sup>th</sup> 9am-12pm**
  - (10-30 people farm hours 7:30am-3:30 pm  
Farm stand 2400 Dover Farm Road (Veggie can be purchased daily)
  - **Website:** <https://foodshuttle.volunteermatrix.com/>
- **Second Harvest Food Bank of Metrolina** (*500 B Spratt St. Charlotte, NC 28206*)
  - **When:** Monday 9am – noon, Tue- Friday 9am 12 noon and 1:00pm – 4:00 pm  
Tuesday and Thursday 6:00-8:00 pm Saturday 9am 12 noon
  - **Time:** See days and time above
  - **What:** Warehouse activities.
  - **Point of Contact:** 704.376.1785. Nancy Hagerman at [nhagerman@secondharvest.org](mailto:nhagerman@secondharvest.org) or 704-805-1712
  - **Special Instructions:** Register on website to volunteer your service
  - **Website:** <https://www.secondharvestmetrolina.org/give-time>
- **Second Harvest Food Bank of Southeast North Carolina** (*406 Deep Creek Road, PO Box 2009 Fayetteville, NC 28302*)
  - **When:** Monday - Friday
  - **Time:** 8:00 am – 4:30 pm



- **What:** Warehouse activities.
  - **Point of Contact:** 910.485.8809 ext. 4515 Julia Morales
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://actionpathways.ngo/shfbvolunteer>
- **Food Bank of Central & Eastern North Carolina** (*1924 Capital Boulevard Raleigh, NC 27604*)
    - **When:** Tuesday - Saturday
    - **Time:** 9:00 am – 12 noon 1:00pm – 4:00 pm
    - **What:** Warehouse activities.
    - **Point of Contact:** 919.875.0707 Lauren Landis [landis@foodbankcene.org](mailto:landis@foodbankcene.org)
    - **Special Instructions:** Please give Lauren Landis 2 or 3 dates for your preference to volunteer and she will put you on the calendar. On the website look for 3 banners on the right side. Look for the yellow squash to volunteer, look broccoli to donate then click on Raleigh
    - **Website:** [http://www.foodbankcenc.org/site/PageServer?pagename=getinvolved\\_volunteer](http://www.foodbankcenc.org/site/PageServer?pagename=getinvolved_volunteer)

## North Dakota

- **Great Plains Food Bank**
  - **When:** Monday Thru Saturday
  - **Where:** 1720 3rd Avenue North Fargo, ND 58102
  - **Time:** T-TH 8:30 am to 8:00 pm. F-SA 8:30 am to 3:00 pm.
  - **What:** Warehouse activities.
  - **Point of Contact:** 701.232.6219
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. Review our Volunteer FAQs for more information about volunteering with us. Fill out the Group Volunteer Application <https://www.volgistics.com/ex/portal.dll/ap?ap=201358812> . A food bank staff member will contact you within three business days to schedule your volunteer experience. Must wear long pants & closed toed shoes. Minors must be accompanied by an adult. Able to lift up to 50 pounds. Able to bend/lift/stoop for extended period. Able to stand on concrete for extended period
  - **Website:** <http://www.greatplainsfoodbank.org/get-involved/volunteer/>

## Ohio

- **Akron-Canton Regional Food Bank** (*350 Opportunity Parkway Akron, OH 44307*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.

- **Point of Contact:** 330.535.6900
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.akroncantonfoodbank.org/volunteer>
- **Freestore Food Bank** (*1141 Central Parkway Cincinnati, OH 45202*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 513.482.4500, [volunteer@freestorefoodbank.org](mailto:volunteer@freestorefoodbank.org)
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://freestorefoodbank.org/volunteer-opportunities/>
- **Greater Cleveland Food Bank** (*15500 South Waterloo Road Cleveland, OH 44110*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 216.738.2265
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://www.greaterclevelandfoodbank.org/give-help/volunteer>
- **The Food Bank** (*56 Armor Place Dayton, OH 45417*)
    - **When:** Monday thru Friday
    - **Time:** 9:00 am to 4:00 pm
    - **What:** Warehouse activities. Gleaning activities are available, contact for details.
    - **Point of Contact:** 937.461.0265. Aaron Hill at 461-0265 x 27 or email [AHill@thefoodbankdayton.org](mailto:AHill@thefoodbankdayton.org)
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://thefoodbankdayton.org/take-action/>
- **Shared Harvest Food Bank** (*5901 Dixie Highway Fairfield, OH 45014*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 216.738.2265
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://sharedharvest.org/volunteer-opportunities>

- **Mid-Ohio Food Bank** (*3960 Brookham Dr. Grove City, OH 43123*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 614.274.7770. [VOLUNTEERS@MIDOHIOFOODBANK.ORG](mailto:VOLUNTEERS@MIDOHIOFOODBANK.ORG)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.midohiofoodbank.org/>
  
- **West Ohio Food Bank** (*1380 East Kibby Street P.O. Box 1566 Lima, OH 45804*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 419.222.7946. Ina Mack at [ina@wofb.org](mailto:ina@wofb.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.westohiofoodbank.org/get-involved/volunteer/>
  
- **SE Ohio Food Bank** (*SE Ohio Foodbank 1005 CIC Drive Logan, OH 43138*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** Mallory Ferguson [mallory.ferguson@hapcap.org](mailto:mallory.ferguson@hapcap.org) or 740-385-6813 or 800-385-6813
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines
  - **Website:** <http://hapcap.org/volunteer>
  
- **Second Harvest Food Bank of North Central Ohio** (*5510 Baumhart Rd Lorain, OH 44053*)
  - **When:** Monday thru Thursday, 1<sup>st</sup> Saturday of the month
  - **Time:** 10am until 7:30pm.
  - **What:** Warehouse activities.
  - **Point of Contact:** 440.960.2265
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines
  - **Website:** <http://www.secondharvestfoodbank.org/volunteer>

- **Second Harvest Foodbank of Clark, Champaign, & Logan Counties** (701 East Columbia Street Springfield, OH 45503)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 937.325.8715
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines
  - **Website:** <https://feedccl.org/ways-to-get-involved/>
  
- **Toledo Northwestern Ohio Food Bank** (24 East Woodruff Avenue Toledo, OH 43604)
  - **When:** Monday thru Friday and some Saturdays
  - **Time:** 8:00 a.m. – 3:00 p.m.
  - **What:** Warehouse activities.
  - **Point of Contact:** 419.242.5000. Michele Thees to schedule a time and date at 419-242-5000, ext. 203
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines
  - **Website:** <http://www.toledofoodbank.org/get-involved/volunteer/>
  
- **Second Harvest Food Bank of Mahoning Valley** (2805 Salt Springs Road Youngstown, OH 44509)
  - **When:** Monday thru Friday and some Saturdays
  - **Time:**
    - Monday through Friday: 9:00 a.m. to noon,
    - Tuesday afternoons from 2 to 4 p.m.,
    - Wednesday evenings from 5:00 to 7:00 p.m.,
    - Saturday mornings from 9:00 a.m. to noon.
  - **What:** Warehouse activities.
  - **Point of Contact:** 330.792.5522. Paige Tomlinson Miller, volunteer coordinator, at 330-792-5522 ext. 102
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines
  - **Website:** [https://www.mahoningvalleysecondharvest.org/index.php?option=com\\_content&view=article&id=81&Itemid=494](https://www.mahoningvalleysecondharvest.org/index.php?option=com_content&view=article&id=81&Itemid=494)

## Oklahoma

- **Regional Food Bank of Oklahoma**
  - **When:** Saturday, August 5, 2017
  - **Where:** 3355 South Purdue, Oklahoma City, OK 73179
  - **Time:** 1:30 pm to 4:00 pm.
  - **What:** Sorting and repacking.

- **Point of Contact:** 405.972.1111 or [volunteer@regionalfoodbank.org](mailto:volunteer@regionalfoodbank.org) or 405.600.3161
- **Special Instructions:** Please reach out via phone or website for further information and guidelines. The minimum volunteer age is 8 years old. Volunteers under the age of 16 must be accompanied by an adult
- **Website:** <http://www.regionalfoodbank.org/fight-hunger/volunteer>

- **Regional Food Bank of Oklahoma**

- **When:** Tuesday, August 8, 2017
- **Where:** 3355 South Purdue, Oklahoma City, OK 73179
- **Time:** 9:30 am to 12:00 pm.
- **What:** Sorting and repacking.
- **Point of Contact:** 405.972.1111 or [volunteer@regionalfoodbank.org](mailto:volunteer@regionalfoodbank.org) or 405.600.3161
- **Special Instructions:** Please reach out via phone or website for further information and guidelines. The minimum volunteer age is 8 years old. Volunteers under the age of 16 must be accompanied by an adult
- **Website:** <http://www.regionalfoodbank.org/fight-hunger/volunteer>

- **Regional Food Bank of Oklahoma**

- **When:** Wednesday, August 9, 2017
- **Where:** 3355 South Purdue, Oklahoma City, OK 73179
- **Time:** 1:30 pm to 4:00 pm.
- **What:** Sorting and repacking.
- **Point of Contact:** 405.972.1111 or [volunteer@regionalfoodbank.org](mailto:volunteer@regionalfoodbank.org) or 405.600.3161
- **Special Instructions:** Please reach out via phone or website for further information and guidelines. The minimum volunteer age is 8 years old. Volunteers under the age of 16 must be accompanied by an adult
- **Website:** <http://www.regionalfoodbank.org/fight-hunger/volunteer>

- **Regional Food Bank of Oklahoma**

- **When:** Thursday, August 10, 2017
- **Where:** 3355 South Purdue, Oklahoma City, OK 73179
- **Time:** 1:30 pm to 4:00 pm.
- **What:** Sorting and repacking.
- **Point of Contact:** 405.972.1111 or [volunteer@regionalfoodbank.org](mailto:volunteer@regionalfoodbank.org) or 405.600.3161
- **Special Instructions:** Please reach out via phone or website for further information and guidelines. The minimum volunteer age is 8 years old. Volunteers under the age of 16 must be accompanied by an adult

- **Website:** <http://www.regionalfoodbank.org/fight-hunger/volunteer>

## Oregon

- **Oregon Food Bank**
  - **When:** Throughout the week
  - **Where:** 7900 NE 33rd Drive, Portland, OR 97238
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 503.282.0555
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.oregonfoodbank.org/get-involved/volunteer/?c=129479730574345610r>

## Pennsylvania

- **Westmoreland County Food Bank** (*100 Devonshire Drive Delmont, PA 15626*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 724.468.8660
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://westmorelandfoodbank.org/volunteer/>
- **Greater Pittsburgh Community Food Bank** (*1 North Linden Street Duquesne, PA 15110*)
  - **When:** Monday thru Saturday
  - **Time:** Monday – Friday 9 a.m. – noon and 1 p.m. – 3 p.m. with occasional Saturdays from 9 a.m. – 1 p.m.
  - **What:** Warehouse activities.
  - **Point of Contact:** 412.460.3663
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.pittsburghfoodbank.org/give-help/volunteer/>
- **Second Harvest Food Bank of Northwest Pennsylvania** (*1507 Grimm Drive Erie, PA 16501*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 814.459.3663

- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://nwpafoodbank.org/get-involved/donate-time/>
- **Central Pennsylvania Food Bank** (*3908 Corey Road Harrisburg, PA 17109*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 717.564.1700
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://www.centralpafoodbank.org/Volunteer>
- **Second Harvest Food Bank of Lehigh Valley and NE Pennsylvania** (*6969 Silver Crest Road Nazareth, PA 18064*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 610.434.0875
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** [http://www.shfblv.org/donate\\_volunteer.php](http://www.shfblv.org/donate_volunteer.php)
- **Philabundance** (*3616 S. Galloway Street Philadelphia, PA 19148*)
    - **When:** Monday thru Friday
    - **Time:** M, W, Th and F: 8:30AM-12:00PM and 12:30-3:30PM. Tuesday: 12:30-4:00PM and 6:00PM-8:30PM.
    - **What:** Warehouse activities.
    - **Point of Contact:** 215.339.0900
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://www.philabundance.org/volunteer/>
- **H & J Weinberg NE PA Regional Food Bank** (*185 Research Drive Pittston, PA 18640*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 570.908.2222
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** [http://www.ceopeoplehelpingpeople.org/index.asp?Type=B\\_BASIC&SEC={4A98EC4E-7D5F-4D38-AB91-4F3C7E470348}](http://www.ceopeoplehelpingpeople.org/index.asp?Type=B_BASIC&SEC={4A98EC4E-7D5F-4D38-AB91-4F3C7E470348})

- **Greater Berks Food Bank** (*117 Morgan Drive Reading, PA 19608*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 610.926.5802
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://berksfoodbank.org/volunteer/>
  
- **Community Food Warehouse of Mercer County** (*109 S Sharpsville Avenue Suite A Sharon, PA 16146*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 724.981.0353
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.foodwarehouse.org/volunteer>

## Puerto Rico

- **Food Bank of Puerto Rico** (*9 Industrial Park, Hato Rey, PR*)
  - **When:** Monday-Friday
  - **Time:** 8:00am 5:00 by appointment
  - **What:** Warehouse activities.
  - **Point of Contact:** Valarie Montanez 787-740—3663 ext. 105 Voluntariado@Banco de alimentospr.org ([volunteer@foodbankpr.org](mailto:volunteer@foodbankpr.org))
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.

## Rhode Island

- **Rhode Island Community Food Bank** (*200 Niantic Ave. Providence, RI 02907*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 401.942.6325
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://rifoodbank.org/get-involved/volunteer-in-the-community/>



## South Carolina

- **LowCountry Food Bank** (*2864 Azalea Drive Charleston, SC 29405*)
  - **When:** Monday – Friday Saturday 1 and 3<sup>rd</sup> 9:00 am 12 noon
  - **Time:** 8:00 am – 4:00 pm
  - **What:** Warehouse activities.
  - **Point of Contact:** 843.747.8146 Kevin Gravely Ext 159 or Andrew Pfeiffer Ext 120
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.

**Website:** <https://www.lowcountryfoodbank.org/volunteer>

- **Harvest Hope Food Bank** (*2220 Shop Road P.O. Box 451 Columbia, SC 29201*)
  - **When:** Monday - Friday
  - **Time:** 8:00 am – 4:00 pm
  - **What:** Warehouse activities.
  - **Point of Contact:** 803.254.4432 Est. 1112 Sara Bouknitht
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.harvesthope.org/volunteer>

## South Dakota

- **Feeding South Dakota**
  - **When:**
    - Monday, August 7;
    - Tuesday, August 8;
    - Wednesday, August 9;
    - Friday, August 11.
  - **Where:** 4701 N Westport Ave Sioux Falls, SD 57107
  - **Time:** 8 am to 12:00 pm and 12:00 pm to 4:00 pm.
  - **What:** Warehouse volunteer.
  - **Point of Contact:** 605.335.0364
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. Other volunteer opportunities available in Pierre, and Rapid City.
  - **Website:** <http://feedingsouthdakota.org/how-to-help/donate-time>

## Tennessee

- **Chattanooga Area Food Bank** (*2009 Curtain Pole Road Chattanooga, TN 37406*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.

- **What:** Warehouse activities.
  - **Point of Contact:** 423.622.1800 or Mark Schock at [mschock@chattfoodbank.org](mailto:mschock@chattfoodbank.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.chattfoodbank.org/involved>
- **Second Harvest Food Bank of Northeast Tennessee** (*1020 Jericho Drive Kingsport, TN 37663*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 423.279.0430
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://netfoodbank.org/volunteer/>
- **Second Harvest Food Bank of East Tennessee** (*136 Harvest Lane Maryville, TN 37801*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 865.521.0000
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://secondharvesttn.org/get-involved/volunteer/>
- **Mid-South Food Bank** (*239 S. Dudley Street Memphis, TN 38104*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 901.527.0841
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://www.midsouthfoodbank.org/Volunteer>
- **Second Harvest Food Bank of Middle Tennessee** (*331 Great Circle Road Nashville, TN 37228*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 615.329.3491

- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
- **Website:** <http://secondharvestmidtn.org/act/volunteer/>

## Texas

- **Food Bank of West Central Texas** (*5505 N. First Abilene, TX 79603*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 325.695.6311
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.fbwct.org/get-involved/volunteers/>
- **High Plains Food Bank** (*815 S. Ross PO Box 31803 Amarillo, TX 79120*)
  - **When:** Monday thru Saturday
  - **Time:** Monday-Thursday 8:00am - noon, 1:00pm - 4:00pm, and 6:00pm - 9:00pm  
Friday 8:00am - noon, and 1:00pm - 4:00pm Saturday 9:00am - noon.
  - **What:** Warehouse activities.
  - **Point of Contact:** 806.374.8562
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.hpfb.org/>
- **Central Texas Food Bank** (*6500 Metropolis Drive Austin, TX 78744*)
  - **When:** Tuesday thru Saturday
  - **Time:** 9:00 A.M - 12:00 P.M. (3 hours) & 1:30 P.M. - 4:30 P.M. (3 hours). T & TH 6:00 - 8:30 P.M
  - **What:** Warehouse activities.
  - **Point of Contact:** 512.282.2111 or [volunteer@centraltexasfoodbank.org](mailto:volunteer@centraltexasfoodbank.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.centraltexasfoodbank.org/get-involved/volunteer>
- **South East Texas Food Bank** (*3845 Martin Luther King Parkway P O Box 21012 Beaumont, TX 7770*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 409.839.8777

- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://setxfoodbank.org/get-involved/volunteer/>
- **Food Bank of Corpus Christi** (*826 Krill St. Corpus Christi, TX 78408*)
    - **When:** Monday thru Friday
    - **Time:** 1pm – 8pm.
    - **What:** Warehouse activities.
    - **Point of Contact:** 361.887.6291 or [jaburnett@feedingamerica.org](mailto:jaburnett@feedingamerica.org)
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://www.foodbankcc.com/volunteering/>
- **North Texas Food Bank** (*4500 S. Cockrell Hill Road Dallas, TX 75236*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 361.887.6291
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://www.ntfb.org/volunteer>
- **El Pasoans Fighting Hunger** (*9541 Plaza Circle El Paso, TX 79927*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 915.298.0353
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://elpasoansfightinghunger.org/details/donate/donate-time-volunteer>
- **Tarrant Area Food Bank** (*2600 Cullen Ft. Worth, TX 76107*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 817.332.9177
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://tafb.org/volunteer/>
- **Houston Food Bank** (*535 Portwall Street Houston, TX 77029*)

- **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 713.223.3700
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.houstonfoodbank.org/volunteer/volunteer/>
- **South Texas Food Bank** (*1907 Freight Laredo, TX 78041*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** 956.726.3120
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <http://www.southtexasfoodbank.org/>
- **South Plains Food Bank** (*5605 MLK Boulevard Lubbock, TX 79404*)
    - **When:** Throughout the week
    - **Time:** Times vary. Please call or visit the website to schedule a time.
    - **What:** Warehouse activities.
    - **Point of Contact:** Berry Massey, Volunteer Coordinator, 806-763-3003, [volunteer@spfb.org](mailto:volunteer@spfb.org)
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://www.spfb.org/volunteer>
- **West Texas Food Bank** (*411 S. Pagewood Ave. Odessa, TX 79761*)
    - **When:** Monday thru Saturday
    - **Time:**
      - Monday: 9 a.m. – 4 p.m.
      - Tuesday: 9 a.m. – 4 p.m., 6 p.m. – 9 p.m.
      - Wednesday: 9 a.m. – 4 p.m.
      - Thursday: 9 a.m. – 4 p.m.
      - Friday: 9 a.m. – 4 p.m.
      - Saturday: 8 a.m. – 1 p.m. (closed from noon to 1 p.m. for lunch)
    - **What:** Warehouse activities.
    - **Point of Contact:** 432.580.6333
    - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
    - **Website:** <https://www.wtxfoodbank.org/get-involved/volunteer/>

- **Food Bank of the Rio Grande Valley** (*724 N. Cage Blvd. Pharr, TX 78577*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 956.682.8101
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.foodbankrgv.com/howtohelp-2/volunteer>
  
- **San Antonio Food Bank** (*5200 Enrique M Barrera Pkwy San Antonio, TX 78227*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 210.337.3663
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://safoodbank.org/ways-to-help/give-time/>
  
- **East Texas Food Bank** (*3201 Robertson Road Tyler, TX 75701*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 903.597.3663
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://easttexasfoodbank.org/GiveTime>
  
- **Food Bank of the Golden Crescent** (*3809 E. Rio Grande P.O.Box 5085 Victoria, TX 77901*)
  - **When:** Monday thru Friday
  - **Time:** Monday-Thursday: 8:00 am - 5:00 pm Friday: 8:00 am - 3:00 pm.
  - **What:** Warehouse activities.
  - **Point of Contact:** 361.578.0591
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.victoriafoodbank.org/get-involved/volunteer/>
  
- **Wichita Falls Area Food Bank** (*3809 E. Rio Grande P.O.Box 5085 Victoria, TX 77901*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 361.578.0591 or [wfab@wfab.org](mailto:wfab@wfab.org)

- **Special Instructions:** Please reach out via phone or website for further information and guidelines.
- **Website:** <https://www.wfafb.org/volunteer>

## Utah

- **Bountiful Food Pantry**
  - **When:** Contact the food pantry for times.
  - **Where:** 480 E 150 N, Bountiful, Utah 84010
  - **Point of Contact:** 801.299.8464
  - **Website:** <https://bountifulfoodpantry.org/>
- **Cache Community Food Bank**
  - **When:** Contact the food bank for times.
  - **Where:** 359 South Main Street, Logan Utah, 84321
  - **Point of Contact:** 435.753.7140
  - **Website:** <http://cachefoodpantry.com/>
- **Utah Food Bank**
  - **When:** Monday-Thursday, 12pm-9pm; Friday, 10am-5pm; Saturday, 8am-1pm
  - **Where:** 3150 South 900, West Salt Lake City, UT 84119
  - **What:** Projects may include sorting food donations, assembling food boxes, repackaging bulk food into family-sized amounts or labeling food for distribution, delivering food boxes, and delivering food to homebound people with disabilities and to seniors.
  - **Point of Contact:** 801.978.2452
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines. All volunteers must schedule in advance—no walk-ins are accepted.
  - **Website:** <https://www.utahfoodbank.org/give-time/>

## Vermont

- **Vermont Food Bank** (*33 Parker Road Barre, VT 05641*)
  - **When:** Monday thru Friday
  - **Time:** 9:00 a.m. – 3:00 p.m.
  - **What:** Warehouse activities. Some Gleaning opportunities available, contact for details
  - **Point of Contact:** 802.476.3341 or Hanna Snyder, 802-477-4121, [volunteer@vtfoodbank.org](mailto:volunteer@vtfoodbank.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.vtfoodbank.org/give-time/volunteer>

## Virginia

- **Fredericksburg Regional Food Bank** (*3631 Lee Hill Drive PO Box 1006 Fredericksburg, VA 22408*)
  - **When:** Monday thru Thursday
  - **Time:** 8:00am - 4:45pm
  - **What:** Warehouse activities. Some Gleaning opportunities available, contact for details
  - **Point of Contact:** 540.371.7666 or [info@fredfood.org](mailto:info@fredfood.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.fredfood.org/volunteer>
  
- **Virginia Peninsula Food Bank** (*2401 Aluminum Avenue Hampton, VA 23661*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 757.596.7188 or Maria Quigley, Volunteer Coordinator, at 757.596.7188 x 154 or email [mquigley@hrfoodbank.org](mailto:mquigley@hrfoodbank.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://hrfoodbank.org/volunteer/>
  
- **Food Bank of Southeastern Virginia** (*800 Tidewater Drive PO Box 1940 Norfolk, VA 23504*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 757.627.6599 or Walter Gray, Volunteer Coordinator 757-314-4559 or [wgray@foodbankonline.org](mailto:wgray@foodbankonline.org)
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://foodbankonline.org/how-to-help/donate-time/volunteer/>
  
- **Feed More** (*1415 Rhoadmiller Street Richmond, VA 23220*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 804.521.2500
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://feedmore.org/volunteer>



- **Feeding America Southwest Virginia** (*1025 Electric Road Salem, VA 24153*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 540.342.3011 or Barb Putney, Director of Volunteer Services, (540) 342-3011 x7016
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.faswva.org/home/volunteer/>
  
- **Blue Ridge Area Food Bank** (*96 Laurel Hill Road P.O. Box 937 Verona, VA 24482*)
  - **When:** Throughout the week
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities.
  - **Point of Contact:** 540.248.3663
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://www.brafb.org/volunteer/>

## Washington

- **Food Lifeline**
  - **When:** Throughout the week
  - **Where:** 815 South 96th Street, Seattle, WA 98108
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities. Some Gleaning opportunities available, contact for details
  - **Point of Contact:** 206.545.6600 or [reneed@foodlifeline.org](mailto:reneed@foodlifeline.org) or call 206.432.3619
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <https://foodlifeline.org/how-to-help/volunteer>
  
- **Second Harvest Inland Northwest**
  - **When:** Throughout the week
  - **Where:** Second Harvest Inland Northwest 1234 E. Front Avenue, Spokane, WA 99202
  - **Time:** Times vary. Please call or visit the website to schedule a time.
  - **What:** Warehouse activities. Some gleaning opportunities available, contact for details
  - **Point of Contact:** 206.545.6600 or [reneed@foodlifeline.org](mailto:reneed@foodlifeline.org) or call 206.432.3619
  - **Special Instructions:** Please reach out via phone or website for further information and guidelines.
  - **Website:** <http://www.2-harvest.org/volunteer/>
  - d give credit to you and your organization)

## West Virginia

### **Mountaineer Food Bank** (484 Enterprise Drive Gassaway, WV 26624)

- **When:** Monday-Thursday
- **Time:** 9AM- 5PM
- **What:** Warehouse activities
- **Point of Contact:** Melissa England, Volunteer Coordinator, 304-364-5518 or [info@mountaineerfoodbank.org](mailto:info@mountaineerfoodbank.org)
- **Special Instructions:** Please call Melissa England before showing up.
- **Website:** <https://www.mountaineerfoodbank.org/home>

### **Facing Hunger Food Bank** (1327 Seventh Avenue Huntington, WV 25701)

- **When:** Monday- Friday
- **Time:** 9AM-3 PM
- **What:** Warehouse activities. Some Gleaning opportunities available, contact for details
- **Point of Contact:** 304.523.6029
- **Special Instructions:** Please reach out via phone before showing up
- **Website:** <http://www.facinghunger.org/help-volunteer/>

## Wisconsin

### **Second Harvest Foodbank of Southern Wisconsin** (2802 Dairy Drive Madison, WI 53718)

- **When:** Monday- Friday
- **Time:** 9 AM – 11:00 PM
- **What:** Warehouse activities such as sorting food, labeling food ,packaging bulk food into family-friendly portions, helping clean work area following project
- **Point of Contact:** Pam Higam, Volunteer Coordinator, 608.223.9121
- **Special Instructions:**
- Please contact Pam Higam at 608-206-7214 before showing up to secure a spot on the list; Must sign a photo release waiver upon arrival ; No open toed shoes. All volunteers must be at least 12 years old. For every 5 youth aged 12-15, 1 adult should plan to volunteer with the group. For your safety, please do not use earbuds or MP3s, blue tooth devices, etc. You need to be able to hear what's happening around you. No food or drink in the warehouse though our breakroom is available for your use. No tobacco use in the warehouse. Please do not bring in purses, bags, backpacks, valuables, etc., as we do not have a secure place to store them.
- **Website:** <http://www.secondharvestmadison.org/volunteer>

**Feeding America Eastern Wisconsin** (1700 W. Fond Du Lac Avenue Milwaukee, WI 53205)

- **When:** Monday- Friday
- **Time:** 9:00 AM – 1 PM or 1PM-4 PM
- **What:** Warehouse activities such as sorting food and labeling food
- **Point of Contact:** 414.931.7400
- **Special Instructions:** Sign up in advance using the link below before you come.
- **Website:** <https://feedingamericawi.org/get-involved/volunteer/>

## Wyoming

- **Wyoming Food Bank of the Rockies** (Wyoming Food Bank of the Rockies 4976 Paige St., Mills, WY 82644)
  - **When:** Saturday, August 5,2017
  - **Time:** 9 AM- 2 PM.
  - **What:** Packaging.
  - **Point of Contact:** Ashley Nickolai at 307.232.4016 or [anickolai@foodbankrockies.org](mailto:anickolai@foodbankrockies.org)
  - **Special Instructions:** Please fill out the volunteer application 2 weeks in advance of when you plan to come. Please indicate the size of your group and you will be scheduled. Groups larger than 20 may need to be split between opportunities and shifts to accommodate everyone.
    - For every three consecutive hours you give, you earn 20 lbs of food for the partner agency of your choice.
    - Volunteers must be at least 14 years old (accompanied by an adult) or 16 years old to volunteer on their own. Volunteers must be 18 years or older to volunteer in our kitchen. For Saturdays, prior authorization is required for younger volunteers – please contact the food bank for additional information.
    - Indicate your availability to volunteer at this link: <http://www.wyomingfoodbank.org/take-action/>
  - **Website:** <http://www.wyomingfoodbank.org/>