





United States Department of Agriculture

Strawberry Fresca

Yields 4 servings

Prep Time: 5 minutes

4 cups fresh strawberries

2 tablespoons sugar

2 teaspoons lemon juice

1 cup cold water

1. Wash strawberries. Remove stems and cut in half.
2. Add to blender with sugar and lemon juice.
3. Blend until you get a smooth puree.
4. Add cold water and blend again.
5. Pour into glass and enjoy!

Recipe adapted from @spiceupthecurry.com

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