

SUBJECT: SNAP – Fiscal Year 2026 Cost-of-Living Adjustments

TO: All State Agencies
Supplemental Nutrition Assistance Program

This memorandum provides the fiscal year (FY) 2026 Cost-of-Living Adjustments (COLA) to the Supplemental Nutrition Assistance Program (SNAP) maximum allotments, income eligibility standards, and deductions. In accordance with the Food and Nutrition Act of 2008, the COLAs are effective as of October 1, 2025.

Attached are FY 2026 COLAs for the 48 contiguous States and the District of Columbia (D.C.), Alaska, Guam, Hawaii, and the U.S. Virgin Islands.

The maximum allotments will increase for the 48 States and D.C., Alaska, Guam, and the U.S. Virgin Islands. The maximum allotment for a family of four in the 48 States and D.C., will be \$994. Maximum allotments for a family of four will range from \$1,285 to \$1,995 in Alaska. The maximum allotment for a family of four will be \$1,465 in Guam, and \$1,278 in the U.S. Virgin Islands. The maximum allotment for a family of four in Hawaii will decrease to \$1,689. The minimum benefit for the 48 States and D.C. will increase to \$24.

The shelter cap value will increase to \$744 for the 48 States and D.C. The shelter cap values for Alaska, Guam, Hawaii, and the U.S. Virgin Islands will also increase. The maximum homeless shelter deduction will increase to \$198.99 for the 48 States and D.C., Alaska, Guam, Hawaii, and the U.S. Virgins Islands. The standard deduction for household sizes 1 through 3 increased to \$209 a month for the 48 States and D.C. The standard deduction amounts in Alaska, Guam, Hawaii, and the U.S. Virgin Islands will also increase.

The asset limit for households will remain unchanged for the 48 States and D.C., Alaska, Guam, Hawaii, and the U.S. Virgin Islands at \$3,000. The asset limit for households where at least one person is age 60 or older, or is disabled, will also remain unchanged at \$4,500.

Food and Nutrition Service, Braddock Metro Center, 1320 Braddock Place, Alexandria, VA 22314

USDA is an equal opportunity provider, employer, and lender.

Regional Offices should ensure that their State agencies are aware of these changes. State agencies with questions regarding these adjustments should contact their respective Regional Office representatives.

Sincerely,

RONALD
WARD

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RONALD WARD
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Ronald Ward
Acting Associate Administrator
Supplemental Nutrition Assistance Program
Food and Nutrition Service
U.S. Department of Agriculture

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM
INCOME ELIGIBILITY STANDARDS
OCTOBER 1, 2025, TO SEPTEMBER 30, 2026**

**Net Monthly Income Eligibility Standards
(100 Percent of Poverty Level)**

Household Size	48 States, D.C., Guam, Virgin Islands	Alaska	Hawaii
1	\$1,305	\$1,630	\$1,500
2	\$1,763	\$2,203	\$2,027
3	\$2,221	\$2,776	\$2,555
4	\$2,680	\$3,350	\$3,082
5	\$3,138	\$3,923	\$3,610
6	\$3,596	\$4,496	\$4,137
7	\$4,055	\$5,070	\$4,665
8	\$4,513	\$5,643	\$5,192
Each additional member	\$459	\$574	\$528

**Gross Monthly Income Eligibility Standards
(130 Percent of Poverty Level)**

Household Size	48 States, D.C., Guam, Virgin Islands	Alaska	Hawaii
1	\$1,696	\$2,118	\$1,949
2	\$2,292	\$2,864	\$2,635
3	\$2,888	\$3,609	\$3,321
4	\$3,483	\$4,354	\$4,007
5	\$4,079	\$5,100	\$4,692
6	\$4,675	\$5,845	\$5,378
7	\$5,271	\$6,590	\$6,064
8	\$5,867	\$7,336	\$6,750
Each additional member	\$596	\$746	\$686

**Gross Monthly Income Eligibility Standards for Households
Where Elderly Disabled Are a Separate Household
(165 Percent of Poverty Level)**

Household Size	48 States, D.C., Guam, Virgin Islands	Alaska	Hawaii
1	\$2,152	\$2,689	\$2,474
2	\$2,909	\$3,635	\$3,344
3	\$3,665	\$4,581	\$4,215
4	\$4,421	\$5,527	\$5,085
5	\$5,177	\$6,473	\$5,956
6	\$5,934	\$7,419	\$6,826
7	\$6,690	\$8,365	\$7,696
8	\$7,446	\$9,311	\$8,567
Each additional member	\$757	\$946	\$871

Guidance documents lack the force and effect of law, unless expressly authorized by statute or incorporated into a contract. USDA may not cite, use, or rely on any guidance that is not available through their guidance portal, except to establish historical facts.

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM
MAXIMUM MONTHLY ALLOTMENTS
OCTOBER 1, 2025, TO SEPTEMBER 30, 2026**

Maximum SNAP Allotments for 48 States and D.C.

Household Size	48 States and D.C.
1	\$298
2	\$546
3	\$785
4	\$994
5	\$1,183
6	\$1,421
7	\$1,571
8	\$1,789
Each additional person	\$218

Maximum SNAP Allotments for Guam

Household Size	Guam
1	\$439
2	\$806
3	\$1,157
4	\$1,465
5	\$1,743
6	\$2,095
7	\$2,315
8	\$2,637
Each additional person	\$322

Maximum SNAP Allotments for U.S. Virgin Islands

Household Size	Virgin Islands
1	\$383
2	\$703
3	\$1,009
4	\$1,278
5	\$1,521
6	\$1,827
7	\$2,019
8	\$2,300
Each additional person	\$281

Maximum SNAP Allotments for Alaska

Household Size	Alaska (Urban)	Alaska (Rural 1)	Alaska (Rural 2)
1	\$385	\$491	\$598
2	\$707	\$901	\$1,097
3	\$1,015	\$1,295	\$1,576
4	\$1,285	\$1,639	\$1,995
5	\$1,529	\$1,950	\$2,374
6	\$1,838	\$2,344	\$2,853
7	\$2,031	\$2,590	\$3,152
8	\$2,314	\$2,950	\$3,591
Each additional person	\$282	\$360	\$438

Maximum SNAP Allotments for Hawaii

Household Size	Hawaii
1	\$506
2	\$929
3	\$1,334
4	\$1,689
5	\$2,010
6	\$2,415
7	\$2,668
8	\$3,040
Each additional person	\$371

**MINIMUM SNAP ALLOTMENTS
OCTOBER 1, 2025, TO SEPTEMBER 30, 2026**

Household Size	48 States and D.C.	Guam	U.S. Virgin Islands	Alaska (Urban)	Alaska (Rural 1)	Alaska (Rural 2)	Hawaii
1 – 2	\$24	\$35	\$31	\$31	\$39	\$48	\$41

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**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM
DEDUCTIONS
OCTOBER 1, 2025, TO SEPTEMBER 30, 2026**

Standard Deductions

	Household Size	Household Size	Household Size	Household Size	Household Size
Area	1 -2	3	4	5	6+
48 States and D.C.	\$209	\$209	\$223	\$261	\$299
Alaska	\$358	\$358	\$358	\$358	\$374
Hawaii	\$295	\$295	\$295	\$300	\$344
Guam	\$420	\$420	\$445	\$522	\$598
Virgin Islands	\$184	\$185	\$223	\$261	\$299

Maximum Excess Shelter Deductions

Area	Maximum Amount
48 States and D.C.	\$744
Alaska	\$1,189
Hawaii	\$1,003
Guam	\$873
Virgin Islands	\$586

Maximum Homeless Shelter Deductions

Area	Maximum Amount
48 States and D.C.	\$198.99
Alaska	\$198.99
Hawaii	\$198.99
Guam	\$198.99
Virgin Islands	\$198.99

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM
MAXIMUM ASSET LIMITS
OCTOBER 1, 2025, TO SEPTEMBER 30, 2026**

Household Type	Maximum Amount
Households with at least one member who is age 60 or older or is disabled*	\$4,500
All other households	\$3,000

*The asset limit for elderly or disabled households also serves as the threshold for substantial lottery or gambling winnings.

**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM
Threshold for Required Reporting of Changes in Household Income*
OCTOBER 1, 2025, TO SEPTEMBER 30, 2026**

Area	Reporting Requirement Threshold
48 States and D.C.	\$125
Alaska	\$125
Hawaii	\$125
Guam	\$125
Virgin Islands	\$125

*Applies only to households assigned to change reporting.